

Braughing Fair and Wheelbarrow Race



The Braughing Fair and Wheelbarrow Race is nearly upon us! Saturday 9 July – 12.00 noon to 6.00pm.

The Fair part of the day starts at 12.00 noon with many stalls for adults and children alike, a beer tent and interesting food stalls.

There is also a dog show for everyone to show off their much-loved canine members of the family.

It is a wonderful family afternoon out and a firm fixture in many people's diaries.

Get your fancy dress costumes ready. This year's race categories are:-

- Age 6-9 (school years 2-4) £5 in advance, £7 on the day
- Age 10-13 (school years 5-8) £5 in advance, £7 on the day
- Age 14-18 (school years 9-13) £8 in advance £10 on the day
- Adult and Child Race £8 in advance £10 on the day (new for this year – child to be between 6 and 17 years old and must remain in the wheelbarrow for the whole race).
- Adults (Women) £10 in advance £15 on the day.
- Adults (men/mixed team) £10 in advance £15 on the day

Don't forget to bring your dog for the Dog Show. (Entry on the day – please come to the dog ring to enter as soon as you arrive).

Entry for the wheelbarrow races is via Eventbrite at the link below or you can find the link on our Facebook page or website.

<https://www.eventbrite.co.uk/e/braughing-wheelbarrow-race-tickets-332797244517>

<https://www.facebook.com/BraughingWheelbarrowRace/>

<https://www.braughingwheelbarrowrace.com/>

Friends Of St Mary's, Standon

Open Gardens - Saturday 12 June from 11am - 5pm

We are once again holding this hugely successful local venture allowing visitors to wander around some of the most beautiful gardens in Standon. FOSM will be laying on entertainment and refreshments in various locations on the route.

Tickets will be £10 on the day or £8 purchased in advance by contacting Diana Dale on 07718 734897.

We urgently need help on Open Gardens day. Tasks might include selling tickets in the High Street, helping with the teas in the village hall, selling plants on the plant stall etc. If you could spare an hour or two please could you contact Diana Dale on 07718 734897.

We would be very grateful for any donations of plants for the plant stall. Please could you telephone Helena Spencer on 07974 583832 before 12 June so she can give all the details.

Don't be an Idler!



To help tackle idling in Herts, we are asking drivers who are running their engines when parked for over a minute to switch off.

Idling impacts on the air we breath producing fumes that impact on every organ of the body. It creates emissions that contribute to climate change. There are impacts on anyone exposed as well as the health of the environment.

By creating a focus on idling this we want to open up discussion around idling and linked subjects such as promoting cycling and walking. HCC will be taking these themes forward through a part DEFRA funded communications campaign later in the year with messaging running through to clean air day 2023. By working with partners and communities we aim to create changes for the better making Hertfordshire a cleaner, greener, healthier county in which to live work and play.

Westmill Art Exhibition



August Bank Holiday

27 Saturday, 28

Sunday and 29 Monday, 10am till 5pm in Westmill Village Hall SG9 9LG

Everyone is welcome and come and have a look. All the works are for sale.

There is no entry fee for the exhibition but donations are welcome.

Look forward to seeing you there.

Braughing Get Together film night in June

Braughing Get Together is delighted to continue its relationship with the Buntingford Film club, with the screening of the true story LION on Friday 24th June at 20:00 in Braughing church hall. Please note the date in your diary.

LION is the award-winning film starring Dev Patel (from Best 'Exotic Marigold Hotel', 'Slumdog Millionaire', and 'The Personal History of David Copperfield'). It is a wonderful film, with a feel-good factor, and based on a true story.

Doors and bar open at 19.30 and booking is essential. Tickets are £7.00 each and can be reserved early in June, from Cynthia Matthews.

Email

cynthia.matthews44@gmail.com or call 01920 822230 or 09733 202547.

Do you have difficulty reading PS News?

If so try the online edition at www.psnews.org.uk. Click on the link on the right had side for the latest edition and increase the size of the print on your tablet, computer, etc.

Patient Participation Group Buntingford and Puckeridge Medical Centre

There are currently 19,939 patients registered with the practice which serves Buntingford, Puckeridge and the surrounding villages and hamlets.

Through February and March there were 20,833 telephone calls into the practice with an average wait-time of 5 minutes at peak times. Late morning and late afternoons are good times to call if your need is not urgent. 17,314 appointments were allocated and, of these, 9,476 were carried out face-to-face, 8415 with a GP which is a rise over the previous eight weeks. 'Did not attend' data continues to be monitored as face to face capacity increases to ensure that professional time is not wasted. If you no longer need, or are unable to attend, your appointment please could you contact the surgery so that it may be reallocated.

Dr Chin has now started at Puckeridge and two new practice nurses have been employed, one for each site. The Puckeridge extension work is almost complete with a move into the new build made in April when the builders transferred into the existing space to freshen it up. Unfortunately, this means that staff will be working in the smaller space temporarily and ask that patients attend alone, if possible, in order to make life easier for everyone. Parking is also slightly reduced and you are asked to you park off-site if at all possible to leave the available spaces for those who are unable to walk any great distance. The phlebotomy clinic will be in Buntingford

for the immediate future. Everyone is very excited about this new, extended facility and can't wait until it is all complete and can be enjoyed fully. Discussions with Buntingford Town Council continue regarding options for the Buntingford site.

Spring booster jabs are now being rolled out for the over 75's and those with weakened immune systems provided it is over six months since your last jab. Appointments can be accessed through the national booking service on the NHS website. The surgery will take delivery of a small supply of vaccine which they will use for their care home and housebound patients and possibly smaller clinics at the surgery sites for eligible patients. The surgery will contact you to advise you of any future clinics. If you have not yet had your first, second or booster COVID vaccine please have these as soon as possible.

The surgery is now conducting reviews for patients with long term and chronic conditions. These are for those suffering from asthma, cancer, coronary heart disease, COPD, diabetes, mental health issues, osteoarthritis, pain or stroke. The reviews will be done through a mixture of face to face and online consultation and discussion and patients should wait for their invitation to make an appointment. The minor surgery clinic has also recommenced.

The national guidelines regarding the management of COVID continue to relax and the practice would like to thank all patients for their support during the

difficult last two years. However, the virus is still very much with us and patients should continue to contact the surgery by telephone and use any relevant on-line services. Masks should still be worn when attending the surgery in person for an appointment in order to protect the most vulnerable in our communities. Clinicians will also continue to wear PPE in all consultations.

As mentioned previously, any call to the surgery will be answered by the receptionists who are bound by a duty of confidentiality regarding anything they may be told. They will ask a number of questions regarding your problem and any self-help treatment given to date so that they are able to direct you to the most appropriate clinician or service. This is important so that they are able to prioritise patients quickly when dealing with 100+ calls each morning. If you would prefer not to disclose details just say so and they will do their best to help you find the person you need to talk to.

Whilst the Patient Participation Group is most definitely not a forum through which to air personal stories it was lovely to hear about a couple of very positive experiences where the practice responded with speed and sensitivity in a range of situations. They may not always get everything absolutely perfect for everyone, all the time, but we are most fortunate to have this hard-working and outstanding facility serving our community.

Jenny Dingley

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Support for Buntingford Food Bank

The United Benefice of Standon and The Mundens with Sacombe supports Buntingford foodbank on a regular basis. The foodbank supports families in Buntingford and the surrounding villages, including our own villages, and it is finding itself increasingly in demand as the current cost of living increases bite ever deeper.

For some years, the churches in our benefice (St Mary's in Standon, All Saints in Little Mundens and St Catherine's in Sacombe) have had collection boxes for items for the food bank, and lots of local people leave groceries, which we deliver to Buntingford. However, in March 2020 that became very difficult, and since that first lockdown, in addition to the donations left in the boxes in our churches, we have arranged for online deliveries to go directly to the foodbank collection point in Buntingford. Karen, who runs the food bank, contacts us when she's running low on stock, and in the last 12 months we have ordered more than £3,700 worth of groceries. This has been funded by our own congregations' donations for this purpose, and people have responded generously to the need around us.

In 2020, our average order was £320. In 2021 it was £562. In the first 4 months of 2022 it has been £709. At the moment, each and every month, Karen and her team are breaking their previous record for the number of food parcels delivered.

The need is immense and growing. At the same time, our church members are not immune to their own financial pressures.

You can help. If you would like to support the foodbank, there are various ways you can do that.

You can get in touch with Karen directly. She can be contacted through the Buntingford Foodbank Facebook page: www.facebook.com/buntingfordfoodbank/. Karen keeps it updated with things they are in need of, as well as other support that people are providing for families who are struggling.

Donations of goods can be left in any of our churches, at any time. They are all open during the day every day.

Donations of money can be made through our benefice churches.

You can do that physically by sending it to the Treasurer, Standon PCC, 74 High Street, Standon, with a note to say that it's for the food bank.

You can donate online (please use reference 'foodbank') to:

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Account number 00032168

If you're a tax payer, please fill in and let us have a gift aid form (available from

treasurer@ubsms.org.uk). That means we can claim back from HMRC any tax you've already paid on your donation, and the foodbank gets even more!

Please let neighbours, friends, relatives - anyone - know about the amazing work that Karen and her team are doing. If you're able to support her work, that's brilliant; if you need to make use of her support then she is always ready to help.

If you have any questions about the benefice's involvement, please contact John (Rector@ubsms.org.uk) or Caroline (Caroline@ubsms.org.uk).

Memorial service for William (Bill) Ernest Worby on 4 July. St. Marys Standon. 6.30pm.

When dad died in 2020 we were restricted on numbers due to covid, all family and friends are invited to a service of thanksgiving for his life on which would have been his 100th birthday so we can say goodbye properly.

Let me know if you're coming please as there will be refreshments afterwards in the church. Peter Worby 07803895937

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On funerals and Churchyards

Dear Friends,

It is good to write to you again. This time I want to talk a little about our churches and funerals. I have discovered that many people do not know of the situation regarding our churches and funerals and burials. So, I thought I would give a few of the pointers so that it is more commonly known.

Funerals in Church

In our benefice we have three churches, St Catherine’s in Sacombe, All Saints’ in Little Munden and St Mary’s in Standon. Anyone living in the parishes of these churches has a right to have a funeral in church. In fact, in reality, many people living outside the parish but with a strong connection to the church can have a funeral in church.

The cost of a funeral in church is comparable to a crematorium. The service will have “religious” elements in it: a Bible reading and some prayers. Equally there is usually a tribute (or tributes) and other readings. One great advantage of a church funeral is that we are not limited by time. There will also be music, with appropriate secular pieces and hymns. Again, there is an advantage, as there can be beautiful organ music and often bells.

Burials in the churchyard

After the funeral there can be a cremation, or a burial in one of our churchyards. Whilst there is a quite open policy on who can have a funeral in church, for practical reasons we usually only allow those who are resident in the benefice to be buried in the churchyard. There are exceptions. This includes those on the electoral roll (our membership list); those who have very strong connections (for example someone who recently moved to a care home from the parish) and sometimes those who have a double grave which can be used.

Cremated Remains

A very important exception is the burial of cremated remains: cremated remains take up far less space and there is effectively no restriction.

The reason for the restrictions on burials is primarily practical: there is limited space. We are very fortunate in having large churchyards for burials, but it is still limited. In Standon, for example, we estimate that we have something over 30 years of burial space remaining. The other two churches probably have longer, but it is not unlimited.

So having a stricter policy helps residents of the village. We want to make sure we have space for people in the parishes! I

have had requests from those who were brought up but have not lived here for many years. I have even had a request from a cyclist who often cycled by and thought it would be nice to be buried in the churchyard..... If these requests were agreed to, we would soon run out of space.

One policy that has recently changed in two of our churchyards (Standon and Sacombe) is the reservation of a grave space. In the past people could reserve their grave space at the considerable cost of buying a diocesan legal mandate. The Parochial Church Councils have recently adopted a policy declining any application to reserve a grave space, save in exceptional circumstances, because of increasing demand.

Grave spaces in London and elsewhere now cost a great deal of money, and because we are a lot cheaper we have found that people are wanting to reserve their place early! By asking the diocese to allow us to stop this (we are still awaiting their response) we are effectively preserving our graveyard for people in the village when they actually die.

In other words, we are doing this for the villages, not for the church! We are trying all we can to serve the needs of the parishes.



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Churchyard appearance

One last word needs to be said about the churchyard. There are rules about what can and can't be done. Some of these may seem petty, others are essential. The rules are set by the diocese and we try to interpret them as sensitively as we can. I know just how important graves are to those who are bereaved, and how much many try to look after them.

However, there is one aspect I am trying to tighten up on. We have a wonderful team of volunteers who tidy and work on the churchyards in all three of our churches. They do this for free and I try to do all I can to make their work easier. One thing that does not help is setting up low kerbs of any sort around the graves and/or putting gravel and chippings on them. This makes it very difficult to mow and tidy without more work or damage to equipment. I would appeal to anyone who tends a grave to try to help our volunteers.

On the other hand, all of our churchyards now have serious ecological intent. There are lists of flora and fauna being collated, and wildlife is increasing in each of them. Sometimes this may make parts of them look untidy, but I know many have appreciated this development. For example, 1/3 of all British butterfly

species have been seen in Standon churchyard. Little Munden has over 100 species of wild flowers and grasses; Sacombe is not far behind and is well known for its snowdrops. Both are officially designated as Local Wildlife Sites. An English country churchyard is a wonderful thing, and everyone is welcome to come and visit, sit peacefully and just enjoy the scene.

Please feel free to contact me or the church administrator about any of these matters

John Chitham
(Rector, Standon and the Mundens with Sacombe)

The Standon and Puckeridge Community Cafe

It has been great to see so many people coming along to the Community Cafe on the first Wednesday of each month.

We apologise that the May Community Cafe had to be cancelled, due to the lounge being out of use, but we hope that we will see you again in June.

The April Cafe was in support of the DEC Ukraine Humanitarian Campaign and

raised a fantastic £177. Thank you to everyone who came along and supported us.

We will continue to open on the first Wednesday of each month, 9.30am to 11.30am:

1 June, 6 July, 3 August, 7 September, 5 October, 2 November and 7 December.

The October Community Cafe will be in support of The World's Biggest Coffee Morning, Macmillan Cancer Support, with stalls and a raffle.

Please also note that there will be a 'Recycling for Good Causes' Box at each Cafe, for old jewellery; coins & currency and stamps; mobile phones; cameras and gadgets. Proceeds will be donated to Cancer Research UK. But please, no cables or plugs, thank you.

We also have a separate box for recycling your old printer cartridges, so please bring them along too.

Lorraine and Helena and I look forward to seeing you in the coming months.

Best Wishes

Alison

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Standon Mayday



Well what an amazing day we had on the High Street on MayDay!!!! The weather didn't let us down and crowds of local people came out to enjoy the festivities on offer.

The Procession was lovely with Zoe Barton sitting very regally up on her chair flanked by and her two attendees Laura Tye and Evie Deamer and escorted by Standon Morris and Hertfordshire Holly along the high street to the Arena to the sound of the Church Bells !!

My very grateful thanks must go first of all to the Committee for their tenacity,

patience and determination to make MayDay succeed after a very difficult 2 years off.

We were very impressed by the everyone's enthusiasm to support May Day and extremely grateful for the amazing lack of litter – Well Done!!

May Day is run as a not for profit charity and all proceeds from the day will go to very local charities within Standon and Puckeridge. You can apply to the Committee for a donation to your charity through the website www.standon-mayday.co.uk

Previous donation have been made to: First Responders, Brownies, Scouts, Standon Village Hall and many other small local projects.

Huge thanks to all the organisers, helpers, programme sellers, performers, participants, residents of the high street – for their forbearance and allowing us to use their road for the day - and visitors who make Standon May Day possible. Special thanks to our excellent compere Steve Deeks and to the Bullenbush Band for their supporting music in the arena.

Massive thanks to Phil Smith, The Ashley's, Andy Davis, Standon Parish



*Zoe Barton being crowned,
her attendants are
Laura Tye and Evie Deamer*

Council, The Star, The Bell and Connect Scaffolding.

Also thanks to 119 Production Services Ltd, Standon Post Office, Palmer & Martin (Bishops Stortford) and East Herts Council for offering their services, equipment or donations.

Roll on next year!!!
Sue Spalding
info@standonmayday.co.uk



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Mind Music

It's so important for us all to feel good about ourselves and to enjoy the company of other people. At our weekly meetings we share memories and good times – and some of our favourite music.



Mind & Music started its Standon group in 2021 and meets Thursday afternoons at 2.00 at Standon and Puckeridge Community Centre.

We use music to relax us and open our minds to the good things in life. Some people like to sing along; some like to listen and reminisce – and things always crop up for us to chat about. We always finish with smiles on our faces.

Songs and activities are chosen to encourage participation and reflection. Gentle exercise, breathing and relaxation are important elements of each session. Rounds, activity songs and using musical instruments encourage concentration. Above all, everyone is made to feel comfortable and valuable.

- “Wellbeing and mental health are so important and groups like yours make a huge contribution” (volunteer helper)

- “Meeting up with the same participants, the leader and the lovely volunteer helpers, who make it all so welcoming and who become friends, is a weekly treat for everyone there.” (carer)
- “We both leave feeling happy and stimulated. Wish it was more often” (carer)
- “When I take mum to the singing group it always lightens her mood, makes her smile and is always good fun. It also helps her meet people outside the family and gives her a sense of belonging to a lovely group. We all feel better, even the partners and carers” (carer)
- “Seeing people who struggle with memory loss ‘come alive’ when they hear familiar songs is such a joy for them and those who support them” (volunteer helper)

I have enjoyed leading this sort of group for many years and I am now pleased to be able to work in my local community. Why not give us a try? Please contact me or just come along to a session.

David Ranford
ranfordd@gmail.com
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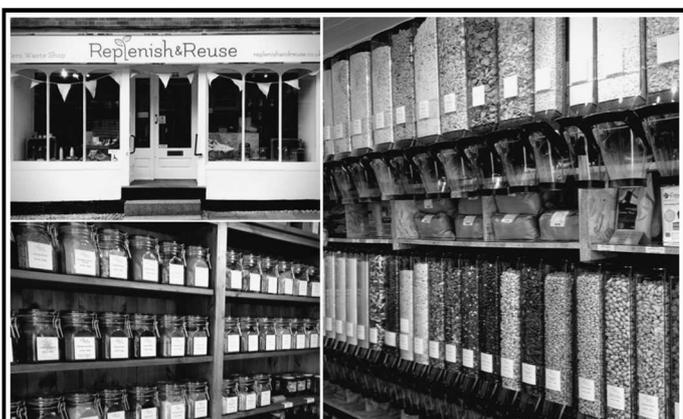
Open Garden

Brent Pelham, Buntingford SG9 0HF. 4 and 5 June.

Brent Pelham Hall invites you to their summer Open Gardens, in conjunction with the National Garden Scheme on 4 and 5 June, from 2pm – 5pm each day.

Surrounding a beautiful grade 1 listed property, the 12 acres of formal gardens, were redesigned 15 years ago by the renowned landscaper Kim Wilkie. They include two walled gardens, the Mulberry Garden and the Amphitheatre Garden. The Potager boasts willow obelisks of sweet peas within box hedged mini gardens. The Walled Kitchen Garden produces flowers and vegetables, where there will be plants for sale each day. Take a wander through the Orchard, Rose Walk and into the newly created Double Herbaceous Border. In the further 14 acres of parkland there are mown paths through the Wildflower Meadows and around the two lakes. These stunning grounds are gardened organically.

Teas, coffees and cake will be served in the estate office. Entry £6.00 for adults and free for children 16 and under. Proceeds will be donated to the charities supported by the National Garden Scheme and also Brent Pelham Church.



Buntingford's new zero waste shop

Selling a variety of food, toiletries, cleaning products and household items with zero or minimal packaging. Bring your own containers and buy as little or as much as you require.

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Slow Recovery at Stansted



As you will have noticed, the days of relatively quiet skies are coming to an end as air travel slowly recovers, in line with the relaxation of Covid restrictions.

It's worth recapping just how badly the industry has been affected by the pandemic. Stansted handled just over 28 million passengers in 2019 but this fell to 7.5 million in 2020 and to just 7.1 million last year – barely a quarter of the pre-pandemic number.

Airlines were predicting a rapid post-Covid recovery, claiming that there was enormous pent-up demand from people who had not had a foreign holiday for two years.

However, it seems that many people are still cautious about overseas travel. With almost all restrictions lifted, Stansted's passenger numbers in February were still 40% below pre-Covid levels.

Meanwhile, the huge increase in the price of oil has increased ticket prices and the

conflict in Ukraine has dampened the demand for flights to Eastern Europe.

Nevertheless, many people are convinced that there are more night flights than ever before. The statistics don't actually show this but a large proportion of night flights are cargo freighters and these have been largely unaffected by the pandemic. They have remained steady at about 900 a month.

Cargo airlines tend to use large noisy aircraft such as the Boeing 747 and these are often older models, which are noisier still, especially when taking-off and when landing using reverse thrust.

Night flying compounds the noise impacts on local residents and causes sleep disturbance because we live in a rural environment where ambient noise levels (apart from the airport) are very low.

If you are disturbed by a noisy aircraft, you should always try to report this because it can lead to the airline being fined and, longer term, it can lead to the phasing out of the noisiest aircraft and even to the realignment of flight paths. It only takes a few minutes to register an aircraft noise complaint. Simply go to <https://stanstedairportwatch.com/take-action/report-noisy-aircraft/>

Brian Ross

Hertfordshire Holly

After such a long break it was wonderful to dance at Standon Mayday again. Not only did we enjoy the opportunity to perform but we caught up with some past members who, having moved out of the area, came back to enjoy the festivities.

Holly have been invited to participate in the jubilee celebrations at The Bull in Much Hadham during the afternoon of 2 June and on Sunday 19 June we will be at the Buntingford Arts Festival.

Our other local event will be an evening at The Fox, Aspenden on 7 July with Etcetera Morris from Enfield so please come along.

We are a mixed clog morris dancing side that practices every Thursday 8 to 10 in High Cross village hall and we always welcome new people. Dancing experience not required, just enthusiasm.

Our members come from a wide area which, at the moment includes Buntingford, Benington, Hertford.

For more information please contact hertshollydancers@yahoo.co.uk or mideeks@yahoo.co.uk 01920 822905. <http://www.thetwojays.com>, or look us up on Facebook.

Mary Deeks

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SPINS Pre-School

SPINS Pre-School is situated at Standon and Puckeridge Community Centre. We are open term time between the hours of 9.15 am – 12.15 pm (lunch club available until 2.15 pm).

SPINS Pre-School is a safe and caring environment where your child can learn, grow and develop. We welcome children from the age of 2 – 5 years.

Staff are qualified and have an enhanced DBS check and attend regular courses which give them the skills they need to encourage children's development. All staff are first aid qualified. We are OFSTED Registered.

Parents/carers who are in receipt of benefits and their child/children are 2 years may be funded. The term after your child is 3 years they will be Government funded for 15 free hours. We are also registered to take 30 Hour funding.

Spins Pre-School also run a weekly Toddler Group on a Monday morning, 9.30 am – 11.00 am. This is also at the Standon & Puckeridge Community Centre, small hall. We welcome parents and their children, from birth until they reach 5 years. You can attend as often or

as little as you wish, tea/coffee available and a drink and snack for your child. Why not come along and make some new friends whilst your little one plays. On offer is painting, craft table, playdoh, baby area, games, puzzles, singing and so much more.

To get a real sense of how we can enhance your child's learning and development, why not come along for a visit (by appointment) contact Paula/Sam Tel: 07881 533339 or email: spins.nursery@outlook.com

We are currently registering places for school year September 2022.

CPRE Hertfordshire Awards back for 2022



Our ambition for the Awards is to recognise and celebrate inspirational people engaged in activities that enhance and protect the Hertfordshire countryside and its rural communities.

After pausing our awards in 2021 due to

the pandemic, we are delighted that the CPRE Hertfordshire Awards are back. With a closing date of 31 May 2022, we would love to receive nominations for projects which

- connect people with the countryside and their local green spaces
- promote rural life and ensure that communities can thrive
- improve or protect the environment

Nominees might be volunteer-based projects or events, community groups, individuals, or small businesses.

And we have an exciting new category, 'Made in Herts' which will recognise excellence in sustainable farming and local foods, products using local materials, or traditional craftspeople and artists, in particular working in rural areas or with rural themes.

We also hope to make an Award for an outstanding project or activity run by or on behalf of young people (up to the age of 21) in the categories above.

Find out all the details by visiting our website: [CPRE Hertfordshire Awards - CPRE Hertfordshire \(cpreherts.org.uk\)](http://CPRE Hertfordshire Awards - CPRE Hertfordshire (cpreherts.org.uk)), be inspired by past Award recipients, and make a nomination today!

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Wednesday 7:30pm Layston School, The Causeway (with HIIT E7)
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Friday 10am Cottered Village Hall
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07956 647806 theteam@jacqui-smith.net

Fantastic support for the Easter Plant Sale!



I asked for support for the Easter plant sale and I certainly received it in buckets. Aided by glorious weather, our two day sale in Standon Village Hall raised over £3,000. This has been split evenly between the Friends of St. Mary's Church, Standon and Practical Action (<https://practicalaction.org>). Thank you to everyone who donated plants; there were over 180 species on offer ranging from very young seedlings to a fifteen year old monkey puzzle tree. Thank you also to all of the helpers, including young Charlie, whose enthusiasm and knowledge ensured everything ran smoothly. And finally a big thank you to all of our customers; without you it would not have been the success it was.

In case you missed this sale, there will be another one at Open Gardens, Saturday 11th June. See you there? Now it's time to get back to the potting shed.

Helena Spencer
07974 583832

Standon & Puckeridge Tennis Club

Now is the time to find your tennis racket and come to the Community Centre for a game of tennis. We have three excellent all weather courts that have recently been refurbished.

PAY TO PLAY is available to all, if you just want to book a court. £8 per hour or £4 for juniors. We even have availability at weekends. Contact Sally Bradshaw on 01920 821152.

COACHING: our Head Coach is Cliff Devonshire, who is LTA level 4 performance coach. Cliff has introduced programs for all types of players from junior to experienced club members. For more information please contact Cliff on 07709 355655.

ADULT TENNIS: Wednesday morning 10 – 12 and Friday afternoon from 1.45pm. Contact Sally Bradshaw on 01920 821152. There is a new Ladies group on Thursday afternoons from 1.45pm. Contact Claudia on 01920 821272,

CLUB NIGHT: Tuesday 6.30 also Sunday morning from 10am.

We have Ladies, Ladies 50+, Ladies 60+, Men's and Mixed teams in local leagues and are always looking for new players. Contact Diana Foster 07778 031430.

NEW MEMBERS WELCOME: Special rates for parent/child/family memberships, for details contact Sally Bradshaw 01920 821152.

Braughing Women's Institute

Programme for 2022

- 16 June Bodyguard to William and Harry. Graham Cracker
- 21 July The history of Easton Lodge . Garry Matthews
- 18 August Strawberry Teas
- 15 September Swimming for Charity. Andy Nation
- 20 October My Life. Eddie Rowland
- 17 November Hertfordshire's Parks and the Tudors. Anne Rowe

Raffle and refreshments

Meetings held in The Church Hall

2.30 pm - 4.30pm

New members always welcome.

Contact Kate 01920 822 397

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News from Attend2Health:



In March we held a Charity Day with stalls selling Captain Tortue Clothes, Tropic products and jewellery by Luidmila Townsend. Thank you so much to all the businesses and patients who donated prizes for our raffle and came to the event. We raised £510 for the DEC Ukraine Appeal - a fantastic amount!

The clinic has run its first Self Defence classes which were a huge success and so we will be running another set this time on a Sunday morning 10am-11am starting soon it's £75 for the course with up to 12 people. Call 01763 878087 to book your place. We are looking to hold first aid at work courses so please let us know if you would be interested in these.

We are pleased to sponsor a number of sporting clubs this year including Buntingford Bowls and Cricket Clubs.

Ware & District Photographic Society.

Local photographers honoured

This year sees Bob Norris mark 50 years as a member - a huge milestone by any measure. Bob has served on the Committee for much of that time holding most of the posts. He has also supported the East Anglian Federation of Photographic Societies being a lecturer and judge whilst being an accomplished photographer in his own right winning many medals and awards in national and international competitions. He was President of the EAF for 2 years.

Barbara Norris is not far behind Bob having been a member for some 48 years herself. Barbara has been the Secretary for most of that time and has now decided to retire. However, she will still remain on the Committee and will look after publicity, participating in the annual exhibition, social events, etc.

It was agreed at the recent AGM that they be made Hon. Life Vice-Presidents of the Society. In addition, 2 other longstanding members with over 30 years, Mick & Sue Willis, were also recognised with Hon. Life Vice-President for Mick and Hon. Life Member for Sue.

The new season starts on Wednesday 7 September at Thundridge Village Hall at 8.00pm. New members are always welcome. First 3 evenings are free! Further details will appear on the website www.wareps.org.uk

Barbara Norris

Help if you or someone near you is dying

Introducing the Anne Robson Helpline - if you or someone close to you is dying, you can talk to us.

At the Anne Robson Trust we aim to be there to listen to anyone who faces dying or the imminent death of someone they care about. We know that facing the end of life can leave you feeling isolated and alone.

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East Hertfordshire Aviation Society



The Society has enjoyed presentations on 'de Havilland and Hatfield Aerodrome' by Philip Birtles and 'The RAF in the Far East between the Wars' by Vic Flintham over the last few months. At our last meeting, Peter Griffiths was our speaker giving an amusing account of his flying career which included his early days in aviation with BOAC and Cathay Pacific and then flying during the first Gulf War, freighting across the Pacific and operating business jets.

Please make a note in your diary for our special event which will take place in Braughing Church Hall on Tuesday 7 June when we team up with Braughing Get Together to celebrate 25 years of our Society. The event is named after our founder, 'The Len Howett Memorial Lecture' and will be given by Wing Commander Tony Davies (RAF retired) on 'The Miracle of Powered Flight from Kitty Hawk to Cape Canaveral' which should appeal to all.

The programme continues back at our usual venue, the Axe and Compasses pub in Braughing, on Monday 27 June when we welcome back Philip Birtles for the second part of his presentation which covers the period from the de Havilland Comet, the world's first commercial jet airliner (pictured), to the closure of Hatfield Aerodrome in 1994.

Our final talk before the summer break is on Monday 25 July when Martin Adams presents 'The Secret Horsepower Race', an account of the secret history of fighter aircraft engine development in WW2.

Anyone with an interest in aviation is welcome to come along to our meetings. To do so, please contact me in advance at stevemorgan125@btinternet.com. Meetings start at 8pm but most attendees arrive an hour or so earlier for a chat and supper before the meeting.

To find out more about the Society please visit www.Braughing.org.uk and click on village organisations.

Steve Morgan
Society Secretary

Standon Hand Embroidery Group:

The group meets the second Tuesday of the month (January - November) in Standon Village Hall 2pm - 4pm. It is open to anyone - beginner or advanced worker and our Tutor is Julie Walsby. If you are interested further information can be obtained by telephoning Barbara on 01920 822104.

Buntingford Action on Climate Change and Sustainability (BACCS) Don't Look Up!

To mark Earth Day in April we showed the thought-provoking film Don't Look Up, a satiric comedy disaster movie where planet Earth is threatened by a gigantic meteorite set to destroy Earth.

Parallels have been made to the current climate crisis and interesting discussions were had after the film.

To further explore our thoughts on this subject as individuals, we would like to introduce a not-for-profit organisation set up in Hertfordshire but reaching people from all over the world who recognise the predicament we currently find ourselves in. The organisation is called HEART Community Group (Hertfordshire Enabling and Adapting for Resilience Together) and is led by a qualified psychologist and is for anyone interested in the concept of Deep Adaptation and looking for engagement with and support from our local community. There are regular online events as well as in person ones where you can learn and/or take part in discussion.

You can find more information on their website <https://heartcommunitygroup.org/>

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The A Train



The A Train is a jazz band taking its repertoire from a range of Jazz standards, songs from the musicals and from The Great American songbook. It traces its formation to the Jazz Orchestra of Cheshunt U3A, named Musicians United, and the partnership arrangements with other U3A groups

along the A10 corridor. The members now come from an area stretching from Friern Barnet to Duxford.

As the orchestra developed an opportunity presented itself for a small number of musicians to take

Part in open mic nights being held at The Brown Bear Public House in the village of Braughing and so The A Train was born the name chosen on the first night and of course is a tribute to Duke Ellington and that particular tune he performed.

Changes of personnel have occurred since that time in 2018 but we now have a band of 9 musicians able to play in the band. The band members are:

Alto and Baritone Sax Flute and Vocals
Olivier Saurin
Tenor Sax Peter Harris

Flute Oliver Staines
Clarinet Margaret Burleigh
Guitar and Vocals Errol Lawrence
Guitar Don Sault
Keyboards Paul Davies
Bass Colin Meehan
Drums Steve Deeks

We were able to continue practising when the lockdown rules allowed as part of Musicians United, with social distancing followed, in a member's garden and returned to playing open mic nights when they were able to recommence.

The A Train are now being booked to play at other engagements as well and here is the list of our forthcoming events

4 June 3.15pm Duxfest Jubilee Festival, Duxford Community Centre, Hunts Road, Duxford, Cambs, CB22 4RE

19 June 2.30pm Buntingford Arts Festival, Layston Gardens, Buntingford, Herts

We are on Facebook @theatrainjazzband so please follow us there.

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Graham and Caroline are opening Quinbury Farm Restaurant for three not-to-be missed Autumn Evening Culinary Experiences.

They will be serving up a mouth-watering six course dinner with lots of delicious locally sourced fresh produce for just £45 per person. Diners will also be able to purchase fine wines and non-alcoholic drinks to accompany their meal.

Bespoke menus are being created for each evening so put these dates in your diary:

- ✂ Friday, September 30th
- ✂ Friday, October 28th
- ✂ Friday, November 25th

Don't delay, book today! Call Graham on **07889 644988**

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Airport Expansion Boom Makes a Mockery of Net Zero Policy



Aircraft emissions are amongst the fastest growing causes of global warming and yet the Government continues to support airport expansion projects all across the UK.

It is now clear that the approval of the Stansted Airport Planning application last year has set a dangerous precedent. Airports all across the UK are now jumping on the bandwagon. In the past 12 months, Bristol, Southampton and Leeds Bradford airports have all received the go-ahead for major expansion. In addition, Heathrow, Gatwick and Luton airports are all now bringing forward expansion proposals – each of which would increase their capacity by 50%

All these projects have Government support – flying in the face of it's so called 'net zero' policy for aircraft emissions. Despite the obvious contradiction, the courts have shown a marked reluctance to intervene.

Taken together, the airport expansion proposals that have been approved in the past year, and those in the pipeline, will increase UK airport capacity to over 500 million passengers per annum.

This compares to 297 million passengers handled in 2019, before Covid.

In December 2020, the Climate Change Committee recommended that there

should be a total freeze on UK airport expansion until such time as the aviation industry could demonstrate that it was on track to achieve net zero emissions by 2050. However, the Government has decided to completely ignore this advice from its own independent experts.

Covid has dramatically reduced the demand for air travel in the past two years, but airlines expect a return to business as usual by 2025 at the latest. If so there will be no prospect of achieving the objective of net zero emissions by 2050. Instead, aviation could well be the largest single contributor to UK greenhouse gas emissions.

Stansted Airport Watch Climate Change Adviser Mike Young, commented: "It's as if the Government is living in a parallel universe. We can expand UK air travel to 500 million passengers a year or we can make a serious attempt to tackle climate change. However, we cannot do both."

Brian Ross

Food Optimising works even for those of us with bigger appetites!!

Did you know that there are 350 Free Foods that Slimming World members do not have to weigh, measure or count? Which means you can tailor you meals to your taste, and your size of appetite.

In a study about low energy density foods, those taking part found food more enjoyable, felt more full, and ate fewer calories than those calorie counting, when they food optimised.

Eating scrambled eggs made using 4 eggs, beaten with only salt and pepper, cooked in 1cal spray had a more satiating feeling than 1 egg using butter. This is because

protein keeps you feeling fuller for longer, and yet has fewer calories

Some people have difficulty in recognising when feeling full; they have low satiety signals, so reaching for snacks to fill up on that are high in calorie density won't ever make them feel satisfied. In an independent study, low energy density foods made all the participants feel full, compared to those calorie counting. Now you may be worried that by eating more, you are spending more, but this isn't the case, eg frozen fruit and vegetables are Free Foods and frozen varieties are cheaper, have the same nutritional value, do not go off, and there is no waste.

Here are some points discovered from members , and how being a part of group has changed not only their life, but also their family's.

Slimming World members averagely eat 6.2 portions of vegetables daily compared to 4.1 nationally. Members eat more fibre so have a much healthier digestive tract; this guards against certain cancers. They eat less sugar, fats and saturated fats, and salt than the general population. They drink less alcohol and sugary drinks. It was found that members increased cooking from scratch, and having fewer takeaway meals. Members eat more oily fish, helping to look after their hearts.

77% of members revealed that their children are on board with food optimising within 3 months .

If this article has encouraged you to join my group, please call/text me, and I would be delighted to welcome you;

Sophie 07855079070
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Puckeridge Karate Club -



April Grading News

During April both Kyu grade (coloured belts) and Dan grade (black belt) gradings were held, and we're pleased to announce that eight juniors and two adult kyu grades successfully passed their gradings.

Perri Merrick-Smith took and passed her 1st Dan, and Dana Bowen and Thomas Marshall both took and passed their 3rd Dan gradings (pictured).

Congratulations to everyone that graded.

Puckeridge Karate Club has a great instructor: student ratio and a huge depth of knowledge that the black belts are keen to pass on to the other students. If you want to try something different and get fit at the same time, contact us to see if we have any spaces available.

All the instructors are DBS checked and have Instructors insurance, several of them also hold First Aid qualifications.

The club is a traditional Shotokan club and focuses heavily on discipline, fitness, and technique.

Training times are:

Tuesday: 20:30 - 21:30 Seniors

Thursdays: 19:00 – 20:00 Juniors

Thursdays: 20:00 – 21:00 Seniors

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Hertford Museum:

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Tuesday 31 May & Wednesday 1 June.
10.30am – 3.30 pm (last entry 3pm)

Drop in and take part in arts and crafts at the museum this half-term.

£3 per child, DROP IN

*Free places available for children of low-income families. Contact the museum for more information.

Stay & Play

Saturday 4 June 10am – 4.30pm and
Sunday 5 June 12pm – 3.30pm

Drop in and play with some traditional toys and get hands on with a family craft activity.

Its Free! Donations welcome!

Where Once We Stood: Hertford's Lost Buildings

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Standon and Puckeridge Bowls Club

We are playing again!!



The summer we hope has returned with fine weather predicted and its only going to rain at night!!!

The clubs Open Day was a great success with a number of new people introduced to the great sport of bowls – but we still have room for more.

So, if you want to find out what Bowls is all about – come and talk to us about why this game is great to – WE ARE LOOKING FOR PLAYERS.

If you want to learn to play, we are there to help; if you are looking for a friendly club with a range of competitions – look no further

We are a small and friendly club with room for all of you who want to enjoy everything that Lawn Bowls has to offer

For more info why not visit our Facebook page, or our website (details at the bottom of this article)

If you see us on the green – why not come on in – there is room for spectators.

We are always looking for new members – so if you fancy learning more, check out

what we have been doing – sign up to our Facebook page Standon & Puckeridge Bowls Club or visit our website at <https://standonpuckeridgebowlsclub.wordpress.com/> it's fully up-to date and there are a lot of pictures of us winning (and losing) matches!!

Don't worry if you haven't got any equipment or don't know what to do – we will show you the ropes and lend you equipment until you know if you like the game or not

All about us:

We are a small and friendly club that encourages all ages and abilities to get involved in the sport of Lawn Bowls

We play friendly matches, usually at weekends and a whole range of club competitions throughout the season

Our competitive side is focussed around the East Herts Bowls League:

The Men's team play in the 3rd Division, and we are looking for more lady members so we can aspire towards a lady's league team as well. – And we are nearly there

In addition, our Club Tournaments are always a highlight our Finals Day is a great end to a very busy season.

Lawn Bowls is a sport which is open to everyone, and it is one of the only sports where age is no barrier and anyone can contribute to the success of the team. Our club house and ground set in the Station Road Playing Fields, close to the Community Centre is a great place to play with 4 rinks that see a lot of healthy competition over the summer months.

We are always looking for new members and would encourage ANYONE (young or old) who enjoys competitive sport to think about trying Bowls. Like golf it is a game where hand and eye co-ordination

play a vital part in ensuring that you can get the bowl close to the jack, and it's just as addictive as golf!!

If you are interested in playing bowls, we can always set up a taster session – just contact us through our website <https://standonpuckeridgebowlsclub.wordpress.com/> Facebook Page - Standon & Puckeridge Bowls Club or email standonandpuckeridgebowlsclub@gmail.com or why not write to us at Standon and Puckeridge Bowls Club, The Playing Field, Station Road, Standon SG11 1TF

The Vineyard and Frost

We pruned the Vineyard, removed all the canes which was about a month's work. It looks absolutely beautiful. Some of the wooden poles which eroded were replaced with metal poles and finally we tied the canes down to the wires which again takes about three weeks. All of our work was up to date when we had a DISASTER: ON 30 APRIL WE HAD FROST and the new shoots were burnt. The vines will continue to grow beautifully but we will get a poor crop this year.

This is how it is in the viticulture world. One frosty night and it will ruin a year's work. We have to be positive optimistic and put a plan together for next year.

The Apple Orchard

The apple trees are less effected by the frost because we have nine varieties and they flower at different times so whatever happens we will get a reasonable crop. I simply have to concentrate my efforts on the cider this year. Absolutely no point in being disappointed. We have to be positive and forward we go ... here's to our amazing cider.

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Braughing Cricket Club

News for Junior Players

Junior Cricket Training for Girls & Boys

- Outdoor colts training (aged 12+) will run on a Saturday from 10:30am to 12 noon.

Junior Cricket Matches for Girls & Boys

- Two Under 11s teams playing in an 8-a-side league (The Hundred format - Hardball) - 2 hours weekday evenings.

- One Under 9s team playing in an 8-a-side league (The Hundred format - Softball) - league games in June.



All-stars (ages 4 to 7) on Sundays from 9:15am to 10:30am. In progress and going well! - **Spaces still available!** - £55 for 12 weeks booked via ECB All Stars website: <https://www.ecb.co.uk/play/all-stars>.

Dynamos (ages 8 to 9) and U11s (ages 10 to 12) on Sundays from 10:45am to 12 noon. In progress and going well! - **Spaces still available!** - £55 for 12 weeks booked via ECB Dynamos website: <https://www.ecb.co.uk/play/dynamoscricket>.



News for Senior Players

Senior Cricket Training

- Outdoor nets Thursdays at 6pm.

Senior Cricket Matches

- Braughing is in the Herts & Essex Border League Division 1.

The teams we play against are: Bengoe, High Beach, Little Hallingbury, Lion Hawks, Thaxted, Hockerill, North Weald, Stansted & Potter Street.

28 May	Stansted I	v	Braughing
4 June	Braughing	v	Lion Hawks
11 June	Potter Street	v	Braughing
18 June	Braughing	v	High Beach
25 June	Thaxted	v	Braughing
2 July	Lt Hallingbury	v	Braughing

9 July	Braughing	v	North Weald
16 July	Hockerill	v	Braughing
23 July	Braughing	v	Bengoe
30 July	Braughing	v	Stansted

Labour Party

East Herts Rural Branch

Perhaps we can allow ourselves a short moment of euphoria. The results in the elections in the part of the constituency that falls in North Herts District were very good. Not only did Labour retain the four seats that we already held, but won a seat in Royston, which we have not held for 20 years, and another in Baldock, which we have not held since the constituency was formed in 1997. In both these seats, the candidates worked very hard, giving up huge amounts of their leisure times to knock on doors and talk to the electors, along with other members and supporters.

In the other part of the district, which falls in the Hitchin and Harpenden constituency, Labour retained their seats and our partners in the joint administration of North Herts District Council, the Liberal Democrats, also won two seats from the Conservatives, thus strengthening by four the administration's majority.

There were, of course, no elections in East Herts this year. These will take place

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next year and currently the Local Government Boundary Commission is working on proposals for new ward boundaries, in view of the growing population in a number of places around the District. This almost certainly mean changes in the wards that cover the PS area of distribution. Although there is an overall increase in the population, they have already decided not to recommend an increase in the number of councillors, so councillors will have more electors, on average 2,640 each.

David Bell

1st Standon and Puckeridge Guides

The Guides meet in Braughing and are for girls aged 10-14. If you'd like to become a member, contact your Brownie leader, or if you are new to Guiding, register at www.girlguiding.org.uk to go on our list.

We've made the most of being back face to face again. We do such a wide variety of things - games, badges, camps, teamwork, craft, food, and lots more. The Guides get to choose elements of their programme and therefore create a programme they enjoy.

2nd Standon and Puckeridge (Roger de Clare) Lunch Club Brownies

Lunch Club Brownies meet at Roger de Clare during their school lunch break, and as far as I know, we are the only Brownie Pack to do this in the UK. We follow the same programme as other Brownie Packs,

do the same badges, go on the same trips and are able to do the same Pack Holidays (although this has been on hold recently for obvious reasons).

We've recently been able to give out several interest badges, Theme awards, and even a Brownie Bronze award which is one of the top awards that a Brownie can earn. At the time of writing, I believe this will be followed up by a Silver Award very soon, and hopefully a Gold, and other Brownies are on course for top awards too which is a massive achievement considering we do all our Guiding in 30 minutes a week.

The Lunch Club Brownies have recently welcomed some new members having been restricted to a year group bubble for the last two years, and our new girls are settling in well. We have places for girls age 7 or older from September. Either talk to your Rainbow leader, or if you are new to Guiding, apply online at www.girlguiding.org.uk to get on our waiting list.

Volunteer with Rainbows, Brownies or Guides

Be an inspiration for girls and young women. Help girls to realise their full potential and share some unforgettable moments along the way.

By volunteering with us, you can help girls build their confidence, have adventures, learn new skills and have loads of fun – no matter your experience, your background or how much time you have spare. Register your interest to find

out about opportunities near you at www.girlguiding.org.uk.

Becoming a role model doesn't need a full-time commitment – we need volunteers in all sorts of roles. So, if you want to help behind the scenes, at special events or get involved every week, there's loads of ways to inspire girls with Girlguiding.

Under 18? You can volunteer with us from age 14 upwards – join today as a young leader, for your DofE as a young external volunteer or a peer educator. All great ways to be a force for good!

Hertfordshire Flexible Guiding

There are lots of reasons for someone to join one of the flexible guiding units. For example:

- There's no unit for their age group in their local area
- They have other commitments, including studies and caring responsibilities which means they can't attend meetings
- Transport to and from meetings is a problem
- An illness or disability which prevents them attending meetings regularly
- They don't enjoy spending time in large groups

Flexible guiding units means we can offer all the benefits of being a Girlguiding member in a way that fits around your needs and schedule. It's fun, flexible and full of the same great opportunities. Instead of going to weekly meetings, girls keep in touch through Zoom, email, text,

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phone calls, post, working on different activities and badges and meeting up at exciting events.

In Hertfordshire we are now offering flexible guiding units for:

Brownies (age 7-10)

flexiblebrownies@girlguidinghertfordshire.org.uk

Guides (age 10-14)

flexibleguides@girlguidinghertfordshire.org.uk

Rangers (age 14-18)

flexiblerrangers@girlguidinghertfordshire.org.uk

Braughing Friends of the Rib and Quin **Public Meeting**

It was great to be able to meet in person again as FORQ held a public meeting, at the Village Hall in High Cross.

Unfortunately, our local MP, and FORQ Honorary President, Sir Oliver Heald, couldn't attend in person but did send us a message confirming that the Environment Bill and Environmental Land Management schemes should mean that better river quality can be achieved, and that he is continuing to press for less abstraction.

After a review of the minutes from our last (Zoom) meeting, the financials, and of 2021's activities we had a presentation by one of our Riverfly Monitors. The invertebrates that are looked for during the Riverfly Monitoring sessions can be viewed as "the canaries of our rivers" because they are sensitive indicators of

water quality. The health of our rivers is dependent on many factors, the three primary ones being water quality, habitat, and flow.

Dave Blowers is a FORQ Riverfly Monitor but also one of the founders of Thundridge Old Church Action Group (TOCAG), he gave us an update on TOCAG's work in saving the church. Dave spoke about the church's significance in the Rib Valley and gave details of an open-air service planned for 23 July.

We were delighted that Sarah Perry, from Herts and Middx Wildlife Trust (HMWT), was able to join us. Sarah gave a presentation on the work HMWT are doing on increasing Water Vole numbers and tackling Invasive Non-Native Species.

FORQ's plans for 2022.

We want to show everybody how lovely our rivers are, one of the best ways to do this is to get out there, walk beside them and learn about the places of interest near them. We are therefore launching a series of walks.

Huge thanks go to Tony Spencer, FORQ member and Riverfly Monitor, who has put together an information sheet on our first proposed walk. This will be a leisurely exploration of the Rib Valley covering Standon, Latchford and Plashes Wood SSSI. The full information sheet can be downloaded from the FORQ Website and a date for the walk announced soon.

The final part of the evening was a presentation by FORQ Chairman, Mark Wilkinson, looking at "The State of our Rivers", his full report is now available on the FORQ website.

Mark summarised the Environment Agency's River Quality data for both the Rib and Quin, along with the data available on the amount of raw sewage that has been discharged into the rivers in the last few years, both make very depressing reading.

Of particular concern are some of the discharges from Sewage Treatment Works (STW) into both the Upper Rib and Upper Quin. Therfield STW discharged into the Upper Rib for over 270 hours in both 2020 and 2021. Even worse was Barkway STW which discharged into the Upper Quin for 538 hours in 2020 and 734 hours in 2021.

Mark also looked at abstraction from our rivers and it is very clear that, for the population, both our rivers are being unduly targeted by Affinity Water.

Mark concluded that there were a number of questions to which we need answers:-

Abstraction

Why is there such disparity in the levels of abstraction across the individual river sub-catchments in Hertfordshire? Why is the Rib/Quin catchment abstracted to the level that it is, when it has one of the lowest populations and nationally rare and important wildlife?

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Water Quality

What were the reasons for the significant releases of raw sewage by Therfield and Barkway STW? When will we have real-time data available on raw sewage releases from the treatment works in our catchment?

WASPS Out of School Club

The Easter school holidays saw us back on the riverbank in Standon with WASPS, as one of their holiday activities. The wind was a bit chilly, but everyone had a fun morning exploring the river's invertebrates and letting off a 'chalkscream' under the bridge. The children then returned to the Community Centre to create another gallery of wonderful pictures based on their morning, you can see many of these on the FORQ website.

Standon May Day

Members of FORQ held a Riverfly Monitoring demonstration in the car park of The Star in Standon during Standon May Day. It was fantastic that so many people popped by to see what we were up to and expressed their interest and support.

Riverfly Monitoring

We currently monitor 7 sites; including 2 new ones recently added in Braughing. We would like to thank the How and

Dearman families for allowing us to survey on their land. This means we have sites either side and in the middle of the village, with hopefully another site nearby soon.

The results of all monitoring sessions are posted on the FORQ website as well as being entered into the ARMI (Anglers' Riverfly Monitoring Initiative) database.

The FORQ executive are looking forward to seeing everyone again at Braughing Wheelbarrow Race in early July, where we will be doing another Riverfly Monitoring demonstration.

Pauline Ayres, Communications FORQ
<https://friendsoftherib.wordpress.com/>

Brockholds Manor Garden Theatre

As a family one of our favourite summer time treats is popping up to Cambridge on a sunny evening to the fabulous Cambridge Shakespeare Festival. We take a picnic, strawberries and Pimm's or Prosecco. The Shakespeare, is what I would call Shakespeare lite, the plays are all shorter and funnier than I remember them from school, and eminently easy to follow. This really is our idea of a perfect summer's evening.



Through the glorious English Summer there are numerous Open-Air plays performed around the country and our annual Charity Garden Theatre event is our way of adding to this number, with what we aim to make a very special evening for all who attend.

Firstly we are extremely lucky in having a wonderful company of actors who have been touring their open-air theatre productions since 2010. Sometimes they take classic plays like Oscar Wild's, 'A Woman of No Importance' which they performed here in the summer of 2018. It was wonderful and both funny and very dramatic. The cast were brilliantly stoic, as it rained throughout the whole performance, there were hilarious added improvisations to the dialogue referencing the damp conditions which added to everyone's enjoyment and distracted from



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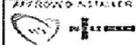
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the rain. Of course when the play came to an end, in true British style so did the rain. Other years they have adapted classic literature, like Charlotte Bronte's, 'Jane Eyre' or Jane Austen's, Sense and Sensibility, both performed at Brockholds in 2021 and 2019 respectively. All their productions have been warmly received, with the response to Sense and Sensibility, prompting many members of the audience to say they hadn't realised how funny Jane Austen's writing is!

To make the evening as memorable as possible, we aim to create a warm relaxed evening for our guests. A glass of prosecco and canapés on arrival, plenty of time to wander around the gardens, before enjoying the buffet supper, with a choice of main courses and various salads and side dishes, all made using as much local produce as possible, followed by a tempting selection of home made desserts. In 2019 and 2021 we were blessed with warm weather and clear blue

skies, creating a magical evening to remember.

There is Pimm's and wine by the glass or bottle for sale and also of course teas and coffee in fact everything you could possibly want even luxury loos.

Catering for large numbers is always fun and we have a great team of willing helpers, who we could not manage without. This event gives a good excuse for trying out and perfecting recipes with my husband as chief taster.

This year all monies raised will go to the very beautiful and special church at Sacombe, St Catherine's. If you have never been to see this church you are missing a gem on our doorstep. Not only is it one of the most architecturally beautiful small churches in the area but it's location on a hill with fabulous views and a large number of exquisite wild flowers has been designated a County Wildlife Site. Whether Christian or not it is special place of tranquillity, peace and

spirituality. Our ancient buildings are so important it is a pleasure to help towards their preservation.

So what is the offer this year? none other than George Bernard Shaw's true master piece, Pygmalion. Over a hundred years since it was written, yet it still has something to say about today's society where we continue to judge one way or another on appearances and first impressions. One of the best loved of all his plays, I'm sure it will be full of laughs and is of course the story within My Fair Lady.

We do hope you will be able to join us, on Saturday 6 August. To book just go to www.brockholdsmanor.com

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www.hundredparishes.org.uk



I would like to remind readers of the walk routes on the Society's website, www.hundredparishes.org.uk. All routes can be download and printed. They include route instructions and information about the places you will pass. Each of the hundred parishes is included in at least one route and there are walks for all abilities. The routes have been designed to take you through interesting places and lovely countryside.

Before setting off, you might like to check the relevant parish introductions on our website; there, you will find details of local tea rooms and pubs, etc. It's best to check with the pub to see if it will be open on the day and time that you will need it.

Most of our routes include footpaths or bridleways where good footwear will make life more comfortable. A modest investment in a good pair of walking boots is recommended. Carry boot covers or plastic bags to put on before visiting a pub or church – or leave boots outside. Check the weather forecast and be prepared - with waterproof top, woolly hat or sunscreen.

I hope you will join many others who already enjoy our routes.

Public and private gardens provide opportunities for pleasurable exercise and social interaction. Our local sunny climate and fertile soils have encouraged those with green fingers to hone their design and horticultural skills to create some outstanding flower-rich gardens for their own delight. Some, like Bridge End Garden in Saffron Walden, are free but entry charges do apply at others.

NGS Open Gardens

Many delightful gardens are listed in the current National Garden Scheme handbook and website, www.ngs.org.uk. This is a major showcase for owners who are willing to share their gardens with others; last year £3 million was donated by visitors to help nursing and health charities. Some gardens have limited opening days, others more frequent opportunities to appreciate seasonal changes; some offer opportunities for booked group visits.

With so many varied gardens to visit it is a challenge to decide which one should top your list! I would recommend including Easton Lodge, where Harold Peto's Italian garden is always colourful and recent restoration works to the balustrade have enhanced this area.



Throughout the summer at Henry Moore Studios & Gardens at Perry Green, many of Moore's sculptures are displayed in a garden setting and an exhibition focuses on his work in the Sixties.

The What's On listing on the Hundred Parishes website includes dates for individual open gardens and also where a village has organised a group of open gardens, sometimes with added attractions like cream teas. Enjoy!

Tricia Moxey, Trustee

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5 Mill Race Stanstead Abbotts Hertfordshire SG12 8BZ		Kevin Tallant 07904 025301
TALLANT		
CHIMNEY SWEEPING		
kevin@tlt-chimney-sweeping.co.uk www.tlt-chimney-sweeping.co.uk		

Fraud Alert: Fake Bank Transfer App

We are sharing a further warning about a scam involving fake banking apps.

Scammers are targeting people who are selling valuable electrical items via online selling platforms.

The vendors have been contacted about their items and when the scammer arrived, they paid for item using a convincing banking app. The app mimicked apps from a number of banks and appeared to show the funds being transferred to the victim's bank account.

This scam is catching a lot of people out as the app is very convincing. The scammer asks the victim to enter their bank details into the app and then it appears to show the amount being debited from the buyer's account.

We would urge anyone selling an item to be sceptical about accepting payment via a banking app. Payment by cash, credit card or using Paypal for Business is a more secure way of making a sale.

Please help us to raise awareness by alerting your friends and family.

If you believe that you are a victim of this scam please report online to www.actionfraud.police.uk or call 0300 123 2040.

Visit www.herts.police.uk/protectyourmoney for advice on avoiding scams.

Help us tackle cuckooing and exploitation near you

Cuckooing is when people's homes are invaded by criminals mostly to store and deal drugs. Criminals often target and exploit those in difficult circumstances such as loneliness, disability, addiction or debt. They initially forge a relationship by offering something in return such as friendship, drugs or money but these benefits soon end in favour of abuse and exploitation. We are asking for your help to identify and report cuckooing in your area.

The signs to look out for:

- Lots of different people coming and going from an address during the day and at night.
- Suspicious smells coming from the property.
- Windows covered or curtains closed at all times.
- Cars pulling up to or near to the house for a short period of time.
- An increase in anti-social behaviour around the property.

If you see something - report it! We all have a role to play in keeping our community safe.

If you suspect that drug dealing is taking place or you're concerned that someone in your neighbourhood may have been targeted call Hertfordshire Constabulary on 101 or report information online at www.herts.police.uk/Report

Rogue Traders advice following distraction burglaries

Recently we have had a couple of incidents relating to distraction burglaries carried out by rogue traders in our district

To help prevent any future incidents, please see the following Crime Prevention advice

- Please be wary of any unexpected callers to your door, treat any unexpected callers with scepticism and do not deal with doorstep traders, genuine callers will not mind coming back at a time when you have someone who you trust with you.
- Don't immediately let any unexpected callers straight away into your home, verify their credentials with their business/ask for Identification, do this with them outside and your premises locked and secure.
- If you agree to have any works/building done on your premises, seek out reputable companies and do not trade with cold callers.
- Be sure to check any invoices or quotes for any works agreed, if you are unsure about works done or feel the price paid is not correct, contact Trading Standards.
- Remember If you are not sure, don't open the door!

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Contact Joe on 07979720110

Email: Jab.services@hotmail.com

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MEET OUR LOCAL LIAISON MANAGER JEZ

Since 2018 we've had a dedicated Local Liaison Manager Jez Dargan. Jez lives in Much Hadham and can advise, report and continue our strong cooperation with the community. Please don't hesitate to contact Jez in the lead up to the festival (in working hours) or throughout the event weekend with any concerns or issues.

Call: **07988 095377** Email: **locals@standon-calling.com**

STANDON IN THE COMMUNITY

Standon Calling is supporting the community as it always has by offering complimentary tickets to local non profit organisations, sponsoring local events and through charity partnerships. Amongst many new initiatives this year (including Battle for the Bands, Small Business Bible and Local Trader Stalls) we're also proud to announce the first ever **Standon For Schools!**

Standon For Schools is a brand new initiative to help you raise money for your kids' primary and secondary school when you buy and sell tickets for Standon Calling 2022. For a summer the kids won't forget, plus an exclusive discount on your weekend tickets, get involved and become your schools' *Standon for Schools'* Ambassador!

**FOR MORE INFORMATION PLUS HOW TO TAKE PART
PLEASE CHECK OUR WEBSITE!**

CATCH US AT THESE UPCOMING EVENTS AND COME SAY HI

SUMMER ARTS IN BUNTINGFORD - 17TH-19TH JUNE · BRAUGHING WHEELBARROW RACE - 9TH JULY

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St Mary's Church Standon

Friday 8th - Sunday 10th July



Friday 8th July, 6-8pm, Gala Preview
 Tickets £10 includes a glass of wine
 available on the door

Saturday 9th, 10-6 free entry

Sunday 10th, 12-6 free entry

Teas available in the Village Hall, 2-5pm

*Any donations go towards
 the upkeep of the fabric of the building*



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ALLOTMENTS AVAILABLE

Puckeridge : Doris Windsor 01920 822525
Braughing: Cllr Ruth Fleetwood
 01920 822889 rfleetwood@braughing.org.uk



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ST ELIZABETH'S CORPORATE AND COMMUNITY VOLUNTEERING 2022

WHO ARE WE?
 St Elizabeth's supports people of all ages with epilepsy and other complex needs to live life to the full!

WHY US?
 Our Corporate Volunteers have the chance to support our residents by cleaning and tidying outside spaces and gardens, so they can be enjoyed all year round.

WHAT'S ON OFFER?
 As well as a fun day of team building, we also offer meeting room hires situated in beautiful Hertfordshire countryside!

Our Volunteering programme is open between April - October 2022. For more information, please contact us at fundraising@stelizabeths.org.uk or on 01279 844355

www.stelizabeths.org.uk

Registered Charity Number: 1176777 South End, Much Hadham Herts, SG10 6EW



QUIZ

RALPH SADLEIR QUIZ NIGHT

Saturday 11th June
 Standon & Puckeridge Community Centre
 Doors open 7:30pm for 8pm start

£12 PER PERSON WHICH INCLUDES A FISH & CHIP SUPPER!

BAR - RAFFLE - PRIZES

EMAIL RSA@RALPHSADLEIR.ACADEMY TO BOOK YOUR TEAM OF UP TO 8 PEOPLE



Westmill Nursery

Offering a secure family-friendly environment for children from 2 to 5 years old. Open Monday to Friday during term time.
 Tel: Sarah or Sandra 01763 273005 or 07934 195812
 Email: westmillnursery@btinternet.com
www.westmillnursery.co.uk

SPINS PRE-SCHOOL
 (Community Centre, Puckeridge, SG11 1TF)
 SPINS is a safe and caring environment where your child can learn, grow and develop.
 Open Mon - Fri Term Time, 9.15am- 12.15pm (or 2.15pm lunch club)
Visits Welcome. Tel: 07881 533339

ALBURY PRE-SCHOOL

Within the beautiful setting of Albury Primary School, we are pleased to offer Albury Pre-school, caring for children from the age of two, developing young minds through play.

We have flexible sessions, 9 am to 3.15 pm Monday to Friday. We are registered for funding for children aged 2 to 4 years.

To find more, please visit our website at <https://www.alburyandpullerschools.co.uk/albury-seedlings/>
 Facebook @alburyherts or call the school on 01279 771253
 Albury Primary School, Church End, Albury SG11 2JQ

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FURNEUX PELHAM



St Mary the Virgin
braughing

St. Mary's Church
Stocking Pelham

	St Mary's, Braughing	ST MARY'S, FURNEUX PELHAM
JUNE		
Sun 5th	11.15am Celebration of Her Majesty the Queen's Platinum Jubilee: Songs of Praise Service	9.30am Celebration of Her Majesty the Queen's Platinum Jubilee: Songs of Praise Service
Sun 12th	10.00am All Age Morning Worship	11.15am Holy Communion
Sun 19th	11.15am Holy Communion	9.30am Café Church
Sun 26th	9.30am Holy Communion	11.15am Family Morning Worship
Every Weds	9.30am Holy Communion (said)	
JULY		
Sun 3rd	11.15am All Age Holy Communion	9.30am BCP Holy Communion
Sun 10th	10.00am All Age Morning Worship	11.15am Holy Communion
Sun 17th	11.15am Holy Communion	9.30am Café Church
Sun 24th	9.30am Holy Communion	11.15am Family Morning Worship
Every Weds	9.30am Holy Communion (said)	
AUGUST		
Sun 7th	11.15am Benefice All Age Holy Communion (Rev'd Julie Gawthrope's last service)	
Sun 14th	10.30am Benefice Holy Communion	
Sun 21st		10.30am Benefice Holy Communion
Sun 28th		10.30am Benefice Holy Communion
Every Weds	9.30am Holy Communion (said)	
St Mary's, Stocking Pelham		
Sun 31st July	10.30am Benefice Holy Communion	

Contact Rev'd Julie Gawthrope for details on 01920 823531



The United Reformed Church

Christ Church

Baldock Road, Buntingford. SG9 9AA

Services at 11.00am every Sunday
Junior Church meets on the 2nd & 4th Sundays of the month at 11.00am

Tea and coffee is served in the hall following the morning service

Minister:	Rev Sue Fender revsuefender@gmail.com (01223) 375588	Secretary:	Peter Godbert Buntingford.urch@talktalk.net Tel (01763) 281359
June	5 Holy Communion 12 Morning Worship 19 Morning Worship 26 Morning Worship		Rev Sue Fender Rev David Tatem Rev Allen Morton Rev Sue Fender
July	3 Holy Communion 10 Morning Worship 17 Morning Worship 24 Morning Worship 31 Morning Worship		Rev Sue Fender Malcolm Haslett Rev Allen Morton Rev Dr Janet Tollington Dr Jannet Bottoms
August 7	Holy Communion	Rev Sue Fender	
	14 Morning Worship 21 Morning Worship 28 Morning Worship	Rev Elizabeth Caswell Rev Allen Morton Keith Cakebread	
September	4 Holy Communion 11 Morning Worship	Rev Sue Fender Rev Dr Janet Tollington	

REGULAR EVENTS

Buntingford Churches Together
Lunch, laughter & light topical discussion group
On the first Wednesday of each month in the hall
Lunch 12.30pm - bring your own Lunch - tea & coffee will be provided
Discussion 1.00pm - 2.00pm.

Coffee and Company meets every Thursday, 10.30am to 12noon, in the Church hall. If you're elderly, living alone, new to the area, perhaps working from home, and would like some company, come along to share Coffee, Cake, Company and Chat. **All are welcome.** Just turn up and give a small donation for the refreshments

Web site:- www.buntingfordurch.org.uk
Facebook:- www.facebook.com/URCBuntingford

Citizens Advice East Herts

can help if you are worried about scams

The Citizens Advice offers free, confidential, independent and impartial advice to anyone. We work in our local area and we are mainly staffed by volunteers. We give information and advice to people to help solve their problems. We also work to make life better by campaigning locally and nationally on the issues that keep causing problems

Our Top Tips to Stay Safe

Discuss any important or unusual purchases with someone you trust.

Don't pay in cash for any large or unusual purchases and don't buy anything from a door to door trader.

If you get a phone call from TV Licencing, HMRC (tax office), the Police or a court it is a scam. Don't pay any money or give them information- hang up the phone.

If something doesn't feel right trust your instincts.

It is ok to say No - only scammers try to panic or rush you.

Never give anyone your PIN number for your bank account - not even your bank will ask you for this information.

We can help you stay safe from scams with practical advice and information about protecting your money and your home. If you have been scammed we can help you report it and help you prevent it from happening again. You can also use our scam checker on our website or over the telephone with one of our advisers if you are worried that something could be a scam.



citizens advice

East Herts

Adviceline (Mon-Fri 10am-4pm)
03444 111 444
Message Line (anytime)
01920 459 944
citizensadviceeastherts.org.uk

Ever thought of Volunteering?

All sorts of people volunteer for many reasons, but what unites them is that they all find it challenging, rewarding and interesting.

Would you like to volunteer and make an active difference to the lives of people in your community?

You don't need specific qualifications or experience.

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- * Adviceline Assessors
- * Fundraising Assistant
- * Research and Campaigns Worker
- * Digital Media Assistant
- * Design and Publicity Assistant
- * IT Coordinator

For further information, visit our website
www.citizensadviceeastherts.org.uk
For an informal chat, call Karen on **01920 505510** or email training@citizensadviceeastherts.org.uk



citizens advice

East Herts



Village Diary

Club Secretaries: Please keep us up to date with any changes to your regular meeting days and events.

We will take details of events as far ahead as you like to try to stop two events clashing and spoiling the day.

NB Some activities will be seasonal or in term time only, please phone the contact to check before turning up and possibly being disappointed.

Every Weekday

7:30-8:30am WASPS Breakfast Club at Standon & Puckeridge Community Centre (term time only). For more details visit www.waspsclub.com or Nicola on 07904 391133 nicola@waspsclub.com

9.30 - 12.15 or 2.15 (lunch club). Term Time only SPINS Pre-School Standon & Puckeridge Community Centre. Fun and friendly atmosphere with qualified staff. Visits welcome. 07881 533339.

3:15-6:15pm WASPS After School Club at Standon & Puckeridge Community Centre (term time only). www.waspsclub.com or Nicola on 07904 391133 nicola@waspsclub.com.

Monday

9.30- 11.00 SPINS Toddler Group at Puckeridge & Standon Community Centre. Term time only. 07881 533339

10.00am - 11.30am Iyengar Yoga at Standon Village Hall, Hadham Road, Standon, SG11 1LE. Contact Sarah on 07427 596961 or www.TowardYoga.com for info.

10am – 4pm CAB North Entrance, Manor House, 21 High Street, Buntingford. Tel: 0844 848 9700.

1.30 - 2.30 Movement to Music for Over 60s , Standon Village Hall, Skye Wilkinson 07394 934911

1.45 Kettleball Exercise Classes, Standon & Puckeridge Community Centre. Sue 07854 316628

2pm Second Monday of the month - Buntingford & District U3A, 2pm at the Seth Ward Community Centre, Buntingford.

4.30-8.30 Rib Valley Gymnastics and Trampoline Buntingford. Monday Trampoline Fremantle College: Monday 4-5pm, 5-6pm (yoga-nastics New Class!) Andrea Allen 07989 980038 email: ribvalleytc@live.co.uk website: www.ribvalleytc.co.uk

5pm 1st Standon & Puckeridge Rainbows. Term time in Standon. sandprainbows1@outlook.com

6.35 Zumba Fitness at Standon Village Hall. Details 07578 994221

7 Braughing Bridge Club, Old Boy's School, Braughing. Sue 01920 823692

7.15 4th Monday of the month: 7.15pm Ware District Trefoil Guild, St Mary's Church Hall, Ware. Guiding for adults. Mandy Challis 07766 086 137 waredistricttrefoil@gmail.com

7.30 Braughing Bridge Club in the Old Boys School, Braughing. Sue 01920 823692

7.30 Dance JAM Academy – Standon Village Hall, Adult Tap (all levels) julie@dancejamacademy.co.uk Julie 07971 699615

8 First Monday of the month, East Herts Aviation Society meets at the Sword Inn Hand, Westmill, Buntingford (optional special pre-talk pub dinner menu from 6.30pm). Steve Morgan 07712 145146.

Tuesday

9am Traditional Flowing Ashtanga Yoga, Puckeridge Community Centre. Ian 07553 285453.

9.30am Holy Communion (BCP), St Catherine's Sacombe.

10am -Noon The Listening Place (a drop in centre for bereavement advice and support). Tuesdays at Leaside Church and Community Centre, High Street, Ware SG12 9BT. Alison 01763 232673.

10am Nifty-Fifties Exercise Class for the over 50's. Standon Village Hall.

Denise Sallows 01920 823072
10:00-11:00am Vinyasa Flow Yoga (for all) - Braughing Community Centre
11:15-12:15pm Postnatal Yoga - Braughing Community Centre

10am – 1pm CAB North Entrance, Manor House, 21 High Street, Buntingford. Tel: 0844 848 9700.

Third Tuesday Colliers End Village Walks followed by refreshments. Suzanne Anderson 07896 699844

10.45 Nifty@fifty + exercise classes - 11.15am Chair-Aside exercise. Puckeridge & Standon Community Centre. Denise Sallows 01920 823072

11 Accessible Yoga. Standon and Puckeridge community centre. Penny Constantinou 07944 416572

11.30 Punchline Boxing (adults) at Standon & Puckeridge Community Centre. Adam Davidson 07903 657146

2-4pm Second Tuesday of the month, Standon Hand Embroidery Group in Standon Village Hall. Barbara Norris 01920 822104.

1.30-3pm Little Fishes Mother & Toddler, & Little Fishes Church, Braughing Church Hall. Term Time only. Parish Administrator 01920 823832

Standon & Puckeridge Tennis Club
5pm Mini Orange/Green (8-10 yrs)
6pm Junior Club night
7pm Senior Club night

Cliff Devonshire 07709 355655.
Starlight Stars at Standon & Puckeridge Community Centre

4pm Hip Hop 7-11 yrs

4.30 Advance Street Dance(UDO) 12+yrs Alex 01763 287691

4.30 -7.45 Ballet at Braughing Church Hall: Karen Howarth - 01279 651535

5.30 Beavers (6-8yrs Scouts) Standon & Puckeridge Community Centre, Term time only, Angie Adamson 01763 849902

6pm Tap, Modern & Jazz at Braughing Community Centre: Kate Dutton - 07969 362224



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To apply please visit our website in order to download an application pack at www.stedmundscollege.org/About/Job-Opportunities or contact: St Edmund's College & Prep School, Old Hall Green, Nr Ware, Herts, SG11 1DS Tel: 01920 824335 or hr@stedmundscollege.org

The College is committed to safeguarding the welfare of children. Therefore, all candidates will be required to undergo an Enhanced DBS check.



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T: 01920 823775
M: 07545 696819
Email: swood@swlocums.com

- 6pm 2nd Buntingford Brownies. Term time in Buntingford. Email jill228374@hotmail.co.uk
- 6.15 1st Standon & Puckeridge Brownies. Term time in Standon. Naomi Divall 01920 822169
- 6.30 Cubs - Puma Pack (8-10½ years, Scouts), term-time only. Standon & Puckeridge Community Centre. Jackie Andrews 01763 247675
- 6.30 Tennis Club evening (continues under floodlights throughout the winter). Diana Foster 07778 031430
- 7pm Slimming World at Standon & Puckeridge Community Centre. Sophie 07855 079070.
- 7pm Yoga at Brauging Community Hall. info@annieknapmanyoga.co.uk
- 7.30 Bell Ringing Practice, St Mary's Church Tower, Standon. Interested? - Come along or Tracey Coley 01920 823886 .
- 7.30 Embroidery Group. Second Tuesday in the month, Sargeant Room, Standon Village Hall. Barbara Norris 01920 822104
- 7.30 Brauging Sing, your local Choir during term time at Jenyns School. facebook.com/thebraughingsing
- 8.30 Puckeridge Karate Club meets at Standon & Puckeridge Community Centre. Clive Bowen 01763 231132

Wednesday

- 8.30 Under 1's Childrens' Group, Standon Village Hall. Kelly Brightman 01920 463949
- 9.30 Worship and Bible Study at St Mary's Standon, followed by refreshments (No service in August)
- 9.30 Gentle Therapeutic Hatha Yoga, Brauging St Mary's Church Hall. Ian 07553 285453.
- 9.30 Pilates at Standon & Puckeridge Community Centre. Clare 07966 213880
- 9:30-10:30am Vinyasa Flow Yoga (for all) - Furneux Pelham Village Hall
- 9.30 (term time) Little Hadham Parents & Toddlers group. Held Little Hadham Village Hall
- 10am Standon & Puckeridge Tennis Club Adult Tennis. Keith Bradshaw 01920 821152
- 10am - 1pm CAB North Entrance, Manor House, 21 High Street, Buntingford. 0844 848 9700
- 10.30am Brughing Shed Club at Brauging Community Hall. Details Ruth Fleetwood 07437 994895
- 11am Pilates Group Standon Village Hall. Judy Coward 01920 822812
- 11.30 Kettleball Exercise Classes, Standon & Puckeridge Community Centre. Sue 07854 316628

- 12.30 Bramble Hill Children's Centre young parents group. (Term time). 01763 273008
- 2pm Second Wednesday of the month - Ware U3A, Wodson Park, (doors open 1.30pm). Pat Davidson, 01920 438309
- 2.15 - 4.30pm Little Munden Cafe at All Saints Church, Little Munden. April - October.
- Dance JAM Academy - Standon Village Hall
 - 4pm Baby Ballet (3+ Years)
 - 4.30pm Prep/Primary Ballet (5-8 years)
 - 5pm Grade 1 Ballet (8+ years)
 - 5pm Prep/Primary Tap (5-8 years)
 - 6pm Prep/Primary Freestyle (5-8 years)
- julie@dancejamacademy.co.uk
- 4.15-6.15 Gymnastics Edwinstree Middle School. Andrea Allen 07989 980038 email: ribvalleytc@live.co.uk
- Starlight Stars: Standon & Puckeridge Community Centre
- 3.30 Mini Movers Street Dance 4-6yrs
 - 4pm and 4.45pm Street Stars 7-14yrs. Alex 01763 287691
- 5.45-6.15pm Scout and Guide Band, Jenyn's School. Term time only. Derek Goodall 07790 875862 / derek.goodall1@btinternet.com



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الزيارة www.recyclingforgoodcauses.org

Items we recycle

<div style="background-color: #333; color: white; padding: 5px;">Jewellery</div> <p style="font-size: x-small;">Unwanted gold & silver including damaged items Costume jewellery Watches</p> 	<div style="background-color: #333; color: white; padding: 5px;">Coins & Currency</div> <p style="font-size: x-small;">Banknotes & Coins Any currency UK or foreign of any age/unchangeable currency</p> 
<div style="background-color: #333; color: white; padding: 5px;">Mobile Phones, Cameras & Gadgets</div> <p style="font-size: x-small;">Mobile Phones . Video Cameras Old Film Cameras . Digital Cameras . Sat Navs Game Consoles . Games & Accessories . iPods MP3 Players . Tablet Computers</p> 	<div style="background-color: #333; color: white; padding: 5px;">Stamps</div> <p style="font-size: x-small;">Loose / Single Stamps First Day Covers Presentation Packs</p> 

NO Ink or Toner Cartridges Thank You

Please place your items in the sack provided at your designated drop off point:
Community Café @ The Standon and Puckeridge Community Centre
Wednesday 6th October; 3rd November and 1st December
No cables or plugs, thank you

Brauging Cricket Club



Brauging Cricket Club is at the heart of our village's community. The Saturday first team plays in the Herts and Essex Border League, whilst we field at least 5 junior teams in the Herts Junior League.

Dynamos colts training sessions are in progress on Saturday mornings 0900-1030hrs, which are proving popular with boys and girls for 4-10 year olds.

This is our game.

Dynamos Cricket

Ages 8 to 11. 8 week programme starting July 17th.
Saturdays 9 to 10:30. Costs £40 and see sign-up address below* or via <https://www.ecb.co.uk/play/dynamoscricket>

NEW this summer. The game for all 8-11 year-olds.

DYNAMOS CRICKETS

Saturday mornings 9-10.30 for girls & boys up to 11 years old until 4 Sep

Thanks to our super sponsors!



1st XI August Fixtures

- 7 Aug - Cloghams (A)
- 14 Aug - Nazeing Common II (A)
- 21 August - Hockerill (H)
- 28 August - Willingale (A)

Thanks to our super sponsors!



*Dynamos Sign-up Page on ECB website for Brauging CC
<https://ecb.clubsparc.uk/Dynamos/Course/60a53133-4cf9-4d2b-9217-cc42aef3e06>
 Facebook www.facebook.com/Braugingcricketclub Twitter @BraugingCC
 Club Website <https://www.pitchero.com/clubs/braugingcricketclub>
 Contact Pete Hobson braugingcricketclub@yahoo.co.uk | 07874 868691

- 6.15 Punchline Boxing (juniors) at Standon & Puckeridge Community Centre. Adam Davidson 07903 657146
- 6.30 Cubs - Cheetah Pack (8-10½ yrs, Scouts), term-time only. Braughing Church Hall. Derek Goodall 01763 273149.
- 6:30 Scouts (10½ - 14½ years old), term-time only. Braughing Old Boys School. Simon Smith 07773 016567
- 7pm Braughing Tennis Club night. Karen Gore 07860 484878
- 7pm Zumba classes, Standon & Puckeridge Community Centre. Diana 01920 822667
- 7pm Guides during term time in Braughing. Louise 07971 800443
- 7pm Third Wednesday Ware and District 41 Club, The Star, Standon. Book in with Peter Warren 01920 824099
- 7.15 till 8.45pm Ranger Girl Guides (14+ years), Cottered Guide Centre, SG9 9QP. Rosanne Kenealy 01920 821304
- 7.30 Explorer Scouts (14-18 yrs) Bowling Green Lane, Buntingford. Meets throughout the year Christine Pestle 07711 506281
- 8pm Kettleball Exercise Classes, Standon & Puckeridge Community Centre. Sue 07854 316628
- 8pm Ware Photographic Society meets at Thundridge Village Hall, September to May. Barbara Norris 01920 822104 www.wareps.org.uk
- 8pm First Wednesday of the month, East Herts Aviation Society meets at the The Sword Inn Hand, Westmill. Steve Morgan 07712 145146.
- 9pm Braughing Tennis Club Night at Braughing Community Hall. www.braughtingtennisclub.co.uk/contact-us/
- 7 Keogafit at Braughing Community Hall. Details 07950 934024 .
- 7 Church Choir meets at St Mary's Church, Standon. Michael Smith 01920 821281
- 7 Punchline Boxing (adults) at Standon & Puckeridge Community Centre. Adam Davidson 07903 657146
- 8 Hertfordshire Holly, Mixed Clog Morris Dance Side. High Cross Village Hall. New dancers and musicians welcome. Mary Deeks 01920 822905
- 8 Prayer and Life Group, A10 Christian Mission. 01920 821684.
- 8.30 Standon Morris practice nights, Standon Village Hall, Oct to Apr. Meet in The Star from 8pm - new male & female dancers & musicians welcome (aged 12 and over) 07808 969379

Thursday

- 2pm Carpet Bowls at Braughing Community Centre
Mikebennett12@aol.com
- 2pm Mind & Music - Songs to Aid Memory at Standon & Puckeridge Community Centre. David Rainford rainfordd@gmail.com
- 2pm Standon & Puckeridge Tennis Club Ladies Tennis. Claudia 01920 821272
- 6.30 Standon & Puckeridge Tennis Club - Club night 6.30pm. Diana Foster 07778 031430.
- Puckeridge Karate Club
Juniors: 7-8pm, Adults 8-9.30pm, Standon & Puckeridge Community Centre. 01763 231132 or at TG's Convenience Store.
- 7 Puckeridge Karate Club meets 7pm at Standon & Puckeridge Community Centre. Clive Bowen 01763 231132

Friday

- 11am Traditional Flowing Ashtanga Yoga, Puckeridge Community Centre. Ian 07553 285453.
- 2pm Standon & Puckeridge Tennis Club Adult Tennis. Keith Bradshaw 01920 821152
- 3.30 Accessible Yoga at home (via Zoom) 3.30pm. Penny 07944 416572.
- 4.15-6.15pm Rib Valley Gymnastics @ Edwinstree School, Buntingford. Andrea Allen 07989 980038 email:

Community Cafe



at the.....

Standon & Puckeridge Community Centre

Join us for a drink and a chat on the following

Wednesdays

9.30am to 11.30am

1st June

Celebrate the Queen's Jubilee

6th July

3rd August

7th September

5th October

World's Biggest Coffee Morning – Macmillan Cancer Support - with Stalls and raffle

For more details contact Alison on 01920 822 872

If you or someone close to you is dying, you can talk to us

We know that facing the end of life can leave you feeling isolated and alone. The Anne Robson Trust helpline volunteers are here to listen and support you.

Call us on
0808 801 0688

We're here for you, if you or a loved one are facing the end of life at home, in a hospital, care home or hospice.

To find out more, please visit
www.annerobsontrust.org.uk

AnneRobson Trust

ribvalleytc@live.co.uk

- 7:30 Explorer Scouts (14 - 18 years old), Christ Church, Ware. Meet throughout the year. Jim Campbell 01920 461134.
- 8 Ware Swimming Club Trials evening. All welcome. Training evenings are Monday and Friday. Mr Vanner 01920 464439.
- 8 The Braughing Society meets most months in the village hall on the second or third Friday. See events under monthly calendar. Marion Saunders 01920 821530.

Saturday

Dance JAM Academy – Ralph Sadler School

- 8.45am Grade 3 Tap
9.15am Grade 4 Freestyle
10.00am Grade 2 Tap
10.30am Grade 2 Freestyle
11.00am Choreography
11.30am Musical Theatre
- julie@dancejamacademy.co.uk
- 9am - 1pm at Jenyns School Braughing:
Ballet: Karen Howarth - 01279 651535 & Tap, Modern & Jazz: Kate Dutton - 07969 362224
- 9.30 First Saturday of the month - help with work in Standon Churchyard.
- 9.30 HIIT with Jacqui Smith at Braughing Community Hall. 07956 647806
- 9.30 Pilates at Standon & Puckeridge Community Centre. Clare 07966 213880
- 12.30-2pm Contessa Vaulting Group training sessions and competition practice. All welcome. Tina Layton 01920 821792
- 6pm Evening Mass at Puckeridge Roman Catholic Church. 01763 271471.

Sunday

- 10am Standon & Puckeridge Tennis Club - Club morning . Diana Foster 07778 031430.
- Braughing, St Mary the Virgin Services:*
1st Sunday: 11:15am All Age Holy Communion
2nd Sunday: 9.30am Morning Worship & 5:45 Refresh - informal service
3rd Sunday: 11:15am Holy

- Communion
4th Sunday 9.30am Holy Communion
5th Sunday no service in Braughing - shared Holy Communion service 10.30am at St Mary's Church, Stocking Pelham.
- St. Mary's Church Standon: The United Benefice of St Mary's Standon and All Saints Little Munden with St Catherine's Sacombe:
1st Sunday: 8am Holy Communion (BCP), St Mary's Standon; 10.30am Morning Worship, All Saints Little Munden; 4pm the Centre at All Saints, Little Munden.
2nd Sunday: 10.30am Holy Communion, St Mary's Standon; 4pm the Centre at All Saints, Little Munden.
3rd Sunday: 8am Holy Communion (BCP), St Mary's Standon; 10.30am Holy Communion, All Saints Little Munden; 4pm the Centre at All Saints, Little Munden.
4th Sunday: 10.30am Morning Worship, St Mary's Standon; 4pm the Centre at All Saints, Little Munden.
5th Sunday: 10.30am Morning Worship, St Catherine's Sacombe; 4pm the Centre at All Saints, Little Munden.
- Please see the benefice website, www.ubsms.org.uk for up-to-date information or contact Revd. John Chitham on 01920 739483
- 11.15 Mass at Old Hall Green Roman Catholic Church. 01763 271471.
- 11am Main service at The Methodist Church, Braughing. Details Revd David Mullins 01279 654475.
- 2.45 -5pm Braughing Sunday Teas. Every Sunday May - 14 October (excluding 3 June). Home-made cakes and teas in the Church Rooms, plus homemade jams.

June

1. Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 1 Quirky Queens & Jubilee Hacks 10.30-3.30 at Hertford Museum
- 4 Bill Worby's Memorial Service 6.30pm St Mary's, Standon Details

- Peter Worby 07803 895937.
- 4 Stay & Play 10. - 4.30 at Hertford Museum
 - 4 & 5 Brent Pelham Open Gardens 2 - 5pm.
 - 5 Stay & Play 12 - 3.30 at Hertford Museum
 - 7 East Herts Aviation Society talk 'The Miracle of Powered Flight' Braughing Church Hall. Details stevemorgan125@btinternet.com
 - 11 Standon Open Gardens. Helena Spencer 07974 583832 Hertford Symphony Orchestra concerts for Children, Ware Drill Hall 2.30 & 4.15pm. Tickets Hertford Tourist Information 01992 584322
 - 12 Open Gardens Standon 11 - 5pm. Details Diana Dale 07718 734897.
 - 16 Braughing Womens Institute talk 'Bodyguard to William and Harry' Church Hall, Braughing 2.30 - 4.30pm. Details Kate 01920 822397.
 - 19 The A Train perform at Buntingford Arts Festival in Leyston Gardens.. 2.30pm.
 - 24 Braughing Get Together prentnt 'Lion' 8pm at Braughing Church Hall.
 - 27 East Herts Aviation Society talk on Jet Airliners at the Axe & Compasses, Braughing. Details stevemorgan125@btinternet.com

July

6. Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 9 Braughing Wheelbarrow Race 12-6pm
- 21 Braughing Womens Institute talk 'The History of Easton Lodge' Church Hall, Braughing 2.30 - 4.30pm. Details Kate 01920 822397.
- 25 East Herts Aviation Society talk 'The Secret Horsepower Race' at the Axe & Compasses, Braughing. Details stevemorgan125@btinternet.com

August

- 3 Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 6 Brockolds Manor Garden Theatre: Pygmalion. Details 07931 520152.

Defibrillators in the PS News area

Automated External Defibrillators are located at:

Furze Cottage, **Barwick**.
Phone box opp The Axe & Compasses, **Braughing**
The Golden Fleece, Green End, **Braughing**
Community Centre. Playing Fields, **Braughing**
KB Tyres, High Street, **Puckeridge**

Outside St Thomas School High Street, **Puckeridge**
Standon Village Hall,
Standon and Puckeridge Community Centre
Soon at the former telephone box at **Colliers End**
The Ford, **Little Hadham**

- 18 Braughing Womens Institute talk Strawberry Tea. Church Hall, Braughing 2.30 -4.30pm. Details Kate 01920 822397.
- 27-29 Westmill Art Exhibition, 10 - 5pm in Westmill Village Hall, SG9 9LG.

September

- 7 Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 15 Braughing Womens Institute talk 'Swimming for Charity' Church Hall, Braughing 2.30 -4.30pm. Details Kate 01920 822397.

October

- 5 Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 20 Braughing Womens Institute talk 'My Life by Eddie Rowland' Church Hall, Braughing 2.30 -4.30pm. Details Kate 01920 822397.

November

- 2 Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.
- 17 Braughing Womens Institute talk 'Hertford Parks and the Tudors' Church Hall, Braughing 2.30 - 4.30pm. Details Kate 01920 822397.

December

- 7 Standon & Puckeridge Community Café 9.30am at the Community Centre. Alison 01920 822872.



**St Elizabeth's
Summer Fayre
25th June 2022**

12pm - 4pm

St Elizabeth's Centre,
Much Hadham, SG10 6EW

**Family Fun - Live Music
Craft Stalls - BBQ and Afternoon Tea**

www.stelizabeths.org.uk

Positive living and learning for people with epilepsy and other complex needs

Registered charity number 1176777



**Mind & Music – songs to aid
memory and wellbeing**

**Standon and Puckeridge Community Centre
Station Road, Puckeridge. SG11 1TF
Each Thursday 2.00 – 3.00**

Bringing people together to sing a variety of well-known and loved songs, in a relaxed and friendly environment.

Mind & Music welcomes everyone, especially those affected by dementia and their carers, as well as those who are anxious or concerned about their memory.

For information please contact David Ranford

ranfordd@gmail.com

**Roger de Clare C. of E. First School and
Nursery**



Roger de Clare C. of E. First School and Nursery are delighted to announce that we still have spaces in some year groups for September.

We are a First School and Nursery with an excellent reputation. We cater for children from 3-9 years old. Our vision and values centre around 'maximum achievement for all in a happy, caring and Christian environment.' Our Early Years creates a strong foundation for active and lively play-based learning that is continued throughout the school. We enjoy strong links and partnerships with our Middle and Upper Schools as well as with all those within the Rib Valley.

We are aiming to resume Tours in September

Contact Information:

Station Road
Puckeridge
Hertfordshire
SG11 1TF
01920 821363

admin@rogerdeclare.herts.sch.uk

Website:

www.rogerdeclare.herts.sch.uk

Local Charity Shops

Barnardo's

9 Bridgefoot High Street, Ware, SG12 9BS
01920 462615
Mon-Sat 09:00-17:00, Sun 10:00-16:00

British Heart Foundation

31 Maidenhead Street, Hertford, SG14 1DW
01992 537908
33 Potter Street, Bishops Stortford, CM23 3UH
01279 461875
Both open Mon-Sat 09:30-17:00,
Sun 10:00-16:00

Cancer Research UK

8 Potter Street, Bishops Stortford, CM23 3UL
01279 656613
Mon-Tue 09:00-17:00
Wed-Sat 09:30-17:30, Sun 10:00-16:00

Emmaus Hertfordshire

Foxholes Farm, London Road, Hertford, SG13 7NT
01992 504 485
Mon-sat 9.30 -17.00, Sun 10.00 -16.00

Essex and Herts Air Ambulance

18 high Street, Buntingford, SG9 9AQ
01763 274509
3 Ware High Street, SG12 9BP

01920 463365
Both open Mon- Sat: 9.30 am – 4.20 pm

Isabel Hospice

34a High Street, Buntingford, SG9 9AQ
01763 274904
44 High Street, Ware, SG12 9BY
6 Bridge Street, Bishop's Stortford, CM23 2JY
01279 659551
All open Mon-Sat 09:30-16:30

Keech Hospice Care

11 Maidenhead Street, Hertford, SG14 1DW
01992 503670
Mon-Sat 09:00-17:00

Mind

42 High Street, Ware, SG12 9BY
01920 318615
Mon-Sat 09:00-17:00, Sun 10:00-16:00

Oxfam Bookshop

2b Maidenhead Street, Hertford, SG14 1DR
01992 583221
Mon-Sat 09:00-17:00
3-5a North Street, Bishop's Stortford, CM23 2LD
01279 504627

St Clare Hospice Music and Bookshop

10 Devoils Lane, Bishop's Stortford, CM23
01279 755990
Mon-Sat 09:00-17:00, Sun 10:00-16:00
Outlet Shop, Links Business Centre Units
9-10 Raynham Rd, Hastingwood Road, Bishop's Stortford, CM23 5NZ
01279 639760
Mon-Sat 08:00-16:00

St Elizabeth's Centre

69 High Street, Ware, SG12 9AD
01920 466855
7 Florence Walk, Bishop's Stortford, CM23 2NZ
01279 466892
Both open Mon-Sat 09:30-16:30

Scope

15 Railway Street, Hertford, SG14 1BG
01992 550902
Mon-Sat 09:00-17:00, Sun 10:30-16:00
Jackson Square Shopping Centre, 1 Devoils Lane, Bishop's Stortford, CM23 3XH
01279 504 463
Mon - Sat 9 - 5.30, Sun 10 - 4pm.

LOCAL POP-UP VENDORS

CROWN & FALCON CAR PARK, PUCKERIDGE.

Wednesday: Uncle G's Gourmet Kitchen 5-9pm
Thursday: Katsu Curry 5-8.15pm
Friday: Vanpizza 5-9pm
07799 226515
Saturday: Ronnies Kitchen
5-8.15pm
Saturday: Ronnies Kitchen Brunch
10-1pm

THE BELL CAR PARK, STANDON

Tuesday: Chef's Table 5-8pm
Wednesday: Cheeky Pizza 4-8pm
Thursday: Small Fry Fish & Chips 4.30-8pm
Friday: Ronnies Kitchen 5-8pm
The Lobster Pot 12-8pm 07816 309341
Saturday: El Paradiso 4-8pm
The Lobster Pot 12-8pm 07816 309341
Sunday: Flava Jamaican
The Lobster Pot 11-6pm 07816 309341

THE GOLDEN FLEECE, BRAUGHING

Thursday: Fresh Fish Van 9-10am

THE BROWN BEAR CAR PARK, BRAUGHING

Tuesdays: Fresh fish/seafood 12pm 07772 391509

Missed vendor? Email me at john@walkinginengland.co.uk

Check details if possible before travelling!

Advertising in PS News works!

3,100 copies distributed to Puckeridge, Standon, Colliers End, The Mundens, Little Hadham and Westmill

Contact: john@walkinginengland.co.uk



**TRUSTED STANDON BASED
WILL WRITER**



- ◆ Will Writing & Trusts
- ◆ Lasting Power of Attorneys (LPA's)
- ◆ Probate Administration
- ◆ Inheritance Tax and Estate Planning

**Providing a professional, friendly service,
I offer free advice and will guide you
through your options.**

Member of The Society
of Will Writers



Safe to do
business with
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www.dqrwillsandprobate.co.uk

01920 747208 | emma@dqrwillsandprobate.co.uk
See my recent reviews on Facebook @dqrwillsprobate

Handyman Services & The Other Room Building / Landscaping

Now is the time to be sure you prepare for a winter tight home.

We are forewarned that energy bills will go up yet again.

We mostly all know about roof insulation, but think about it in a bit more depth. Once the heat gets to your Loft and your well insulated roof space, it is a bit late then. Think ahead. Insulate before the heat reaches your loft, ideally your ceiling /loft floor. Making the upstairs draught proof is a really smart move as it stabilises the temperature more in the house overall as heat rises.

Are your doors well insulated? Do you have an independent thermal window liner (second inner curtain) which can be removed in summer. Do you have foil thermal heat insulators behind radiators to reflect heat back in the room rather than heating a wall!

We can help advise on all of these. Think and act now

Sept/Oct is the deadline to get that Conservatory/ Wooden windows / Doors and frames rubbed down, undercoated, filled and painted and any re-glazing issues resolved.

Also now is good to repair Roof tiles /Patio /Paving and even reface damaged bricks. Repairs now will be cost effective in reducing frost impact. If this damage is left it could potentially ruin a whole section or worse let in water. The more you put it off the worse the repair bill will likely be.

If you think there may be more serious problems we can commission a Drone Survey which will give you a clear understanding of what is needed.

Start by asking yourself how you want to live, rather what you want to buy. This will help you make better decisions.

Lots of low-profile lighting can really make for overall warmth in/ around a home and doesn't cause 'light pollution' or disturbance to others

We can offer you further advice. Just give a call or email.

Kate Hooper
01279 842874 - 07930 285126
www.the-otherroom.co.uk

Call for projects that improve wellbeing among East Herts residents

East Herts Council is looking for projects that strengthen the community and lead to improved health and wellbeing of residents. **The only funding round of 2022 opens in May with a closing date 6 to 8 weeks later.**

Successful applications will be those that demonstrate there is an interest or demand from the wider community for the project and have involved them in the planning. In addition, proposals that address the equalities challenges and barriers to participation that some of our communities face will score higher.

Our new priorities are:

- Recovery from Covid
- Diversity and inclusiveness
- Mental and physical wellbeing
- Environmental sustainability

Faith groups are welcome to apply for projects that benefit the wider community. We are keen to fund a diverse range of projects across East Herts.

We are keen to fund a diverse range of projects across East Herts. Check eligibility and apply online :

<https://www.eastherts.gov.uk/community-and-health/grants-and-funding/funding-community-organisations-and-individuals>

Claire Pullen



*“ Not just the garden..... but
The Other Room ”*

- Garden Design/Install
- Patio/Paths Install
- Turfing & Lawn Repairs • Studio Design/Build • Planning Applications
- All Fencing & Hedging • All Pond Repairs • ALL Treework & Reports
- Garden Maintenance
- Garden Rooms/ Posh Sheds
- Driveways /Walls

T: 01279 842874

M: 07930 285126

email: kate.hooper1@btinternet.com
www.the-otherroom.co.uk

Cut Out And Keep

‘CAN-DO’ SERVICES

Insured Services 01279 842874

- Soffits/Facia
- Pond Clearing
- Painting
- Hedge Cutting
- House Painting
- Fence install + repair
- Exterior Painting
- Tree Works
- Patio Clean/Repair
- Garden/ Lawn Work
- Render Repairs
- All Roofing Repairs
- Garden Makeover

Cut Out And Keep

Bulky Waste, abandoned vehicles & Flytipping

Contact East Herts Council on www.eastherts.gov.uk or phone 01279 655261.

Bulky waste details: One household item - £46.04 (for up to 6 items.)

The Council will remove flytipping: use the on-line form.

Car batteries, engine oil, Fridges and Freezers

All are recycled at::

Bishops Stortford Household Waste Site, Woodside Road (off Dunmow Road).

Buntingford Household Waste Site, Aspenden Road.

Ware Household Waste Site, Westmill Road.

Cameras & Photography Books

The Disabled Photographers Society always welcome good serviceable cameras to adapt for disabled persons use, also photography books.

Disabled Photographers Society:
www.the-dps.co.uk/

Domestic Batteries

Standon Post Office & supermarkets

Foreign Coins

Isabel Hospice collects foreign coins (and notes!) drop them in to their Charity Shop in Buntingford or Ware High Street.

Ink & toner cartridges

- Local Recycling Centres.

Computers

Only fully working PCs. Please telephone first. www.computeraid.org
Tel: 020 7281 0091

Another site worth checking is www.donatepc.org.uk

Postcards

Please save your postcards and take the to St Mary's Church, Standon or All Saints Church, Little Munden. They are collected for Church work in Sudan.

Furniture

Furniture Recycling Scheme for Hertfordshire <http://www.fresch.org.uk/> or 01707 395635.

Knitting wool

Unused wool which will be turned into baby clothes etc., for children in Uganda can be left in the collection box at the back of St Mary's Church, Standon.

Stamps

- Gwen Duckett collects used stamps for the Leprosy Mission. Drop them in to 5 Vicarage Close, Standon.
- Puller Memorial School in High Cross collects used stamps to 'Save the Albatross'. Drop them into school or 32 Batchelors, Puckeridge.
- Standon Post Office collects stamps for Cancer Research UK.
- Isabel Hospice collects used stamps, drop them in to their Charity Shop in Ware High Street or post them to the Hospice at Great Barmingham Lane, Luton LU3 3NT.

Mobile phones

Loads of charities recycle old mobile phones. Just search 'donating mobile phones'.

Sunglasses & Spectacles

The large chains of opticians, e.g. Boots or Specsavers will recycle old glasses for the developing world. Drop them in to any branch.

Advertising in PS News works!

- 3,100 copies distributed quarterly
- Every house in Puckeridge, Standon, Braughing, Colliers End, The Mundens and Westmill get a copy.
- If you would like to advertise I accept anything from a Word, Publisher or jpg file to an existing advert or something jotted on the back of an envelope!
- If you have a logo, I can scan this for you.

Contact John Harris at 07740 306189 or john@walkinginengland.co.uk

Hospital Transport Scheme needs Volunteer Drivers

- ★ Do you drive your own car?
- ★ *Can you spare one morning/afternoon a month?*
- ★ Do you live in the area bounded by High Cross, Dane End, Dassels and Little Hadham?
- ★ Then please consider being a volunteer driver for the local Hospital Transport Scheme.
- ★ (You are paid a mileage allowance)

Details from 07922 519174

Can you spare a few hours a week?

You could make a big difference in the life of a disabled child and their family by helping to share the care.

please call us on **0800 917 0925** to find out more

Shared Care

Report a Water Leak

www.affinitywater.co.uk/report-a-leak.aspx

Environment Agency

For reporting all environmental incidents relating to air, land and water: 0800 80 70 60.

Potholes & Faulty Traffic Lights

Go to Hertfordshire.gov.uk or call 0300 123 4047

Trading Standards

Citizensadvice.org.uk or call 0808 223 1133

Stop junk mail, phone calls and faxes

Register and junk mail and phone calls will miraculously reduce!

Mailing Preference Service

0207 291 3310
www.mpsonline.org.uk/mpsr/

Telephone Preference Service

0845 070 0707
www.tpsonline.org.uk/tps/number_type.html

These services are free (apart from the cost of the call). Do not respond to anyone asking for money

Waste Disposal

For further information, call WasteAware on 0300 1234 051
All Household Waste sites are closed on 25 & 26 Dec and 1 Jan.

Westmill Road, Ware SG12 0EL

Open: Every day: 10am - 6pm

Woodside Industrial Estate off Dunmow Road (A1250) Bishop's Stortford CM23 5RG

Open: Monday, Thursday, Friday, Saturday, Sunday 8am - 4pm.

Colliers End Clay Pigeon Shooting Club

Established 50 Years.

We meet on the 1st Sunday (Hillside) 100 Clays .
3rd Sunday (Hunsdon) 9am for 9:30. 100 Clays. We also run a Friendly league & monthly Competition.

We are a Club run by people who enjoy Shooting Clays.

Please call Chris Lynch for Membership Details.

07836 711336

Advertising in PS News works!

- 3,100 copies distributed quarterly
- Every house in Puckeridge, Standon, Braughing, Colliers End, The Mundens and Westmill get a copy.
- If you would like to advertise I accept anything from a Word, Publisher or jpg file to an existing advert or something jotted on the back of an envelope!
- If you have a logo, I can scan this for you.

Contact John Harris at 07740 306189 or john@walkinginengland.co.uk

St Thomas of Canterbury School

High Street, Puckeridge SG11 1RZ

admin@stcanterbury.herts.sch.uk



Extensive playing field and grounds



Spacious hall and dining room

Private lettings and hirings available - negotiable rates, enquire at the School Office 01920 821450

Team mate a no show?

#checkinwithyourteam

**One in six men**

Will experience domestic abuse in their lifetime. Around half won't tell anyone they're a victim.

If domestic abuse is happening to you or someone you know, we're here to help.

Freephone 08 088 088 088

Free - Confidential - Anonymous

 **Herts Domestic Abuse Helpline**

08 088 088 088

Monday to Friday 9am-9pm
Weekends 9am-4pm

Confidential email: kim@mailpurple.org

Registered charity no. 1184899

Police Contacts:

Number for NON 999 calls: 101

Crimestoppers: crimestoppers-uk.org or call 0800 555111.

Please remember: ALWAYS DIAL 999 IN AN EMERGENCY.

www.herts.police.uk

Hertfordshire Police Authority, Freepost ANG 6281, Hertford SG13 8YS.
Telephone: 01992 556600.

Puckeridge Health Centre

The Surgery, Station Road, Puckeridge SG11 1TF

Tel: 01920 823860 (*inc out of hours*).

Surgery is open:

Mon – Fri 8.30am – 6pm

Minor Injuries Unit

Herts and Essex Hospital, Haymeads Lane, Bishop's Stortford CM23 5JH

Staffed Mon - Fri, 9am - 4.30pm. Ring 01279 655191 ext. 4298 to ensure that the unit can help.

NHS Non-emergency Number

If it is not a 999 emergency but you need medical help fast, Call 111.

Domestic Violence/Abuse Help Line

08 088 088 088 (Freephone)

Confidential helpline open 9-9 Mon-Fri, 9-4 Sat & Sun.

Victim support

0300 303 0165

Abandoned Vehicles

01992 655261

Herts Society for the Blind Sight Line

The Sight Line telephone number is: 01707 324680, Monday to Thursday between 10 - 1pm.

Power cut helpline

Text POWER and your postcode to 80876

ukpowernetworks.co.uk/powercut

0800 31 63 105

0333 32 32 105 (if calling from a mobile)

Animal Warden

To report incidents re: dog faeces, stray dogs and an identichipping service. 01279 655261

Age UK Hertfordshire Information Line

Offers you information on a wide range of issues that are relevant to older people. Our trained Information Workers provide information you can trust that will enable you to make the right choices and decisions for you. We can also put you in touch with other organisations that can help you.

Information Line: 0300 345 3446

Trading Standards

03454 040506, 9am - 5pm Monday to Friday.

Post Office Times

Braughing, at The Golden Fleece.

Wednesday and Saturday mornings.

Standon

Monday - Friday 9.00 - 5.30

Saturday 9.00 - 1.00

Aircraft noise

Stansted Airport Noise Unit.

0800 243 788 email:

stanstednoiseline@stanstedairport.com

Local Library Times

Home Library Service:

If you can't reach your local library because you are housebound, have a disability or care for someone at home this service will deliver books free of charge. Details 0300 123 4049

Bishop's Stortford Library:

Monday 10 - 7pm

Tuesday - Friday 10-6pm

Saturday 10-5pm

Sunday 12-4pm

Buntingford Library:

Monday, Tuesday, Thursday 10 - 5.30pm

Friday 2 - 5.30pm, Saturday 9-1pm

Ware Library:

Monday, Tuesday, Friday, 10 - 5.30pm,

Wednesday 2-5.30pm.

Saturday 10-5pm

East Herts District Council

The Causeway, Bishop's Stortford or Wallfields, Pegs Lane, Hertford. Both are open 9.00am - 5.00pm, Monday to Friday. Tel: 01279 655261.

www.eastherts.gov.uk.

Traveline

0871 200 2233

www.traveline.co.uk

Herts County Council

Contact details:

Highways Fault Reporting
www.hertsdirect.org/highwayfaults
Home Safety and Security Checks
0300 123 4046
hhss@hertfordshire.gov.uk
Trading Standards 0345 404 0506
report.fraud@hertfordshire.gov.uk
Waste Aware 0300 123 4051
General Enquiries 0300 123 4040
Textphone Users: 0300 123 4041
Other help and support hertshelp.net or
0300 123 4044

Halls for hire

- Braughing Church Hall and Old Boys School, (up to 120 with kitchen facilities) – contact Phil Firmin 01920 823120, email phil.firmin@outlook.com
- Braughing Playing Field Association Community Hall - Contact Sue Fox - suefox1@hotmail.co.uk
- Colliers End Village Hall (40 people comfortably, with kitchen) - Contact Suzanne Anderson 821836
- Dane End Memorial Hall David Hart 01920 438976 dane-endhallbookings@Outlook.com
- High Cross Mrs. J. Handy 318752
- Standon & Puckeridge Community Centre - Contact Robert Youell 07854 916404 communitycentre@tesco.net
- Standon Village Hall, Hadham Road, Standon – Contact Denis or Beverly Olliver on 01279 842625
- Thundridge Pauline Mortlock 467 152

Local Churches:

- A10 Christian Mission: Contact Revs Colin & Teresa Marks 01920 821684
- Old Hall Green & Puckeridge Roman Catholic Churches: Fr. John White 01763 271471
- Puckeridge Chapel, Century Hall, Station Road. Pastor Bill Harrow 01920 821366 pastorbill@puckeridgecc.co.uk
www.puckeridgecc.co.uk/index.html
- The United Benefice of St Mary's Standon and All Saints Little Munden with St Catherine's Sacombe: Please see the benefice website, www.ubsms.org.uk for up-to-date information or contact Revd. John Chitham on 01920 739483
- St Mary's Church, Braughing: Rev. Julie Gawthrop 01920 823531 vicar@braughing.org.uk
www.achurchnearyou.com/braughing-st-mary-the-virgin/

LOCAL DIRECTORY

All phone No's are 01920 and clubs in Puckeridge or Standon unless shown otherwise

- Albury Seedlings Preschool & Albury Primary School: 01279 771253
- Allotments:
Braughing:
Ruth Fleetwood
rfleetwood@braughing.org.uk
Puckeridge: Doris Windsor 822525
- Aviation Society:
Vic Flintham 01763 289636
- Baby-sitting Circle:
Sylvia Pinnington 822216
- Bat Helpline 01992 581442
- Beavers: 6-8 years old,
Angie Adamson 01763 849902
- Bell Ringing:
Braughing: Peter Glazebrook 821554, Standon: Tracey Coley 823886.
- Bishop's Stortford Railway Society:
Barry Bridges 438586
- Bowls Club: Andy Mansfield 07976 237050 or
standonandpuckeridgebowlsclub@gmail.com
- Braughing Cricket Club & Colts: Peter Hobson 07874 868691
braughingcricketclub@yahoo.co.uk
- Braughing Local History Society:
Mary Cockburn
mary.cockburn@btopenworld.com
- Braughing Playing Field Association
Trust: Graham Frary 07855 834862
grahamfrary@tiscali.co.uk
- Braughing Society:
Sandra Lynch 823500
- Braughing WI: Kate Fish 822397
- Bridge Clubs:
Sue Dailly 823692
- Brownies: Register your daughter's interest at www.girlguiding.org.uk - general enquiries to: (Roger de Clare lunch club): Louise 07971 800443. (evening unit): firstsandpbrownies@gmail.com
- Budding Babes: Tracy 01920 824041
- Buntingford Bird Club: Tim Robinson, 01763 243143
- Buntingford Choir:
Mandy or Gareth 0781 491 2595
- Buntingford Heritage Centre:
Jenny Dingley 01763 273002
- Carols Round the Tree (Standon):
Caroline Franks 822723
- Carpet Bowls:
Mike Bennett
Mikebennett12@aol.com
- Church Choir Braughing: Church office 823832
- Church Choir, Standon with the Mundens and Sacombe: Michael Smith 821281
- Conservative Assn:
David Andrews 823836
- Cubs: Wednesday Cheetah pack Derek Goodall 01763 273149,
Tuesday Puma Pack: Jackie Andrews 01763 247675
- Dance Classes - Rhythm & Poise School of Dance: Ballet: Karen Howarth - 01279 651535 & Tap, Modern & Jazz: Kate Dutton - 07969 362224
- Dance JAM Academy:
Julie McPartland
01920 822488 or 07971699615
- Dog Training: Jan Mann 823475
- Dominoes: Axe & Compasses,
Braughing - Graham Frary 821715
- East Herts Aviation Society: Steve Morgan
stevemorgan125@btinternet.com
- Embroidery Group: Barbara Norris 822104
- Folk Music Club:
Stortfolk 01279 656664
- Veterans Football Club (Braughing):
Keith Mardell 822133,
- Friends of Braughing Church:
Ned Dailly 01920 823692 or email: nedailly@btinternet.com
- Golf Club (East Herts):
Secretary 821978
- Guides: Register your interest at www.girlguiding.org.uk - general enquiries to Louise 07971 800443.
- Hares Football Club:
01763 848449
- Health Centre: 823860
- Hertford & Ware Railway Society:
Stuart Moye 467132
- Hertfordshire Holly: Mixed Clog
Morris: Mary Deeks 822905
- Herts & Essex Architectural Research Society:
Kath Pollard 01708 473646
- High Cross & Thundridge WI: Marilyn Pritchard 01992 553414
- Horticulture Society (Braughing):
Marion Saunders 821700
- Hospital Transport for the Elderly:
Wendy Smith 07922 519174
- Jenyns First School & Nursery: 821461
- Karate Club: Clive 01763 231132
- Kettlebell Exercise Classes: Sue Prior 07854 316628
- Labour Party:
Frederick Perkins 822454
- Liberal Democrats:
David Albinson 822640
- Lipreading classes:
Louise Reed 821401
- Little Hadham Primary School: 01279 771285
- Mayday Committee:
Sue Spalding 821624 or
Rachel Law
rachelaw79@yahoo.co.uk
- Mercury Correspondent: Braughing:
Clive Marshall 822167
- Pantomime Group, Braughing: Peter Walsingham 823265
- Parish Paths Partnership: Braughing - Sue Dailly nedailly@btinternet.com
Standon - John Harris 07740 306189
- Penny Constantinou Accessible Yoga, Pre, Post Natal & Baby Yoga, Baby Massage. 07944 416572
penny@yogaforallherts.com
- Pet Care: Mrs Harvey 822814
- Petanque: Brown Bear, Braughing - Steve Banfield landlord@brownbearbraughing.co.uk
- Pets TLC: 822705
- Photographic Society (Ware): Barbara

Low Cost, One Bedroomed, Centrally Heated Almshouses for Local People.

Almshouses become available from time to time for people with a connection to the Parishes of Standon and Thundridge. Each almshouse is a self contained one-bedroomed unit with it's own kitchen, bathroom and living room.

Write for details and an application form to:
David Goldstraw, Clerk to Standon Charities,
40 South Road, Puckeridge SG11 1TH.
www.standoncharities.org.uk

Braughing Housing Association

The Braughing Housing Association was established in 1965 for elderly Braughing residents finding themselves in need of a home. There are six flatlets consisting of bed/sitting room, kitchen and bathroom, suitable for single tenancy.

Enquiries can be made by emailing
braughinghousingassociation@gmail.com

Norris 822104
 Railway & Local History Society
 (Buntingford): Stephen Ruff 01763 289516
 Rainbows: Register your interest at www.girlguiding.org.uk - enquiries to sandprainbows1@outlook.com
 Ramblers (Royston & Dist): David Allard 01763 242677
 Red Yoga: 07590 964016
 Royal British Legion:
 Standon: Ron Edwards 464218
 Ralph Sadleir Assn: sandie@sandibevents.co.uk
 Ranger Girl Guides (14+ years), Wednesday, Rosanne Kenealy 01920 821304
 Rib Valley Gymnastics Club: Andrea Allen 07989 980038
 Roger de Clare School Association: Sarah Gillingwater 823129 or Sam Risley 823477
 Sadleir Drama Club: Liz Pickup 01763 289446
 Explorer Scouts: 14-18 year olds, Wednesday Buntingford Unit Christine Pestle 07711 506381, Friday Ware Unit: Jim Campbell 01920 461134
 Scout & Guide Band: 01920 823163

Scout Troop: 10½-14 years old, Derek Goodall 01763 273149,
 S.P.I.N.S. Pre-School: 07881 533339
 St. Thomas of Canterbury Primary School PTA: C/o School 821450 969379
 Standon Morris: Catherine Ward 07808 969379
 Standon & Puckeridge Health Centre: 823860
 Standon & Puckeridge Community Centre:
 Robert Youell 07854 916404
 Standon Village Hall - Denis Olliver 01279 842625
 Swimming Club (Buntingford): David Carr 07966 508156
 Tai Chi: Mrs A Manwaring 822041
 Tennis Club:
 Braughing:
 Karen Gore 07860 484878
 Standon:
 Keith Bradshaw 01920 821152
 Three Villages Eco Group:
 Trish Street 01920 821069
 Ware District Trefoil Guild
 Mandy Challis (Chairman), WareDistrictTrefoil@gmail.com 07766 086137
 Twinning Assn (Buntingford): Mary Deeks 822905

University of the 3rd Age:
 Barbara Norris 822104
 Veterans Football Club:
 Paul Mayne 822615
 Craig Gardner 823805
 Ware and District 41 Club:
 Peter Warren 01920 824099
 Ware Swimming Club:
 Chris Buck 07947 322808
 Ware U3A:
 Chris Beeton, Membership Secretary 07952 066748
 WASPS Out of School Club Nicola English, 07904391133, nicola@waspsclub.com
 Young Countrysiders:
 Linda Watts 821393

PS News - The idea

Everyone is welcome to write, there is no charge for articles on any subject of interest to our communities.

PS is written and delivered by volunteers, it is paid for by the advertisers.

3000+ copies are distributed to every house in:

Puckeridge	Standon	Braughing
Colliers End	Nasty	The Mundens
Old Hall Green	Wellpond Green	

and many of the houses in:

High Cross Little Hadham, etc.

Copies available from local Pubs, Vintage Service Station and Westwood's in Puckeridge, plus Standon Post Office.

Advertising in PS

The cost of advertising is:

- From £84 per year—details www.psnews.org.uk
- **You have to advertise for a year (4 issues) minimum and pay in advance. Cheques payable to PS News.**
- Advert design, logos and illustrations scanned, all free of charge.
- **Leaflet inserts** are £160 per leaflet. Contact me before getting them printed as we limit the number of inserts in each issue. Book early to ensure we can take your insert when you want it.

Copy dates

Copy dates are as shown below. If you want to advertise, contact John Harris: 07740 306189 or email john@walkinginengland.co.uk

By email

March Issue	10 Feb
June Issue	10 May
Sept Issue	10 Aug
Dec Issue	10 Nov

Please send your articles and photographs by these dates.

If you would like an email reminder a couple of weeks before you need to get the article to me, just email me the request and it will happen.

Emailed articles, deliveries & advertising:

John Harris, 4 South Road, Puckeridge SG11 1TH.

Tel: 07740 306189

E-mail: john@walkinginengland.co.uk

Visit our website for the latest issue and advertising details: www.psnews.org.uk

Delivery query?

If you would like to volunteer to deliver PS or for some reason you get missed please contact John as above.

Personal, caring and independent.

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AUSTIN'S

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www.austins.co.uk

- STEVENAGE • 01438 316623
- HITCHIN • 01462 438422
- KNEBWORTH • 01438 812365
- BUNTINGFORD • 01763 274111
- WELWYN GARDEN CITY • 01707 390018
- WELWYN • 01438 714686
- HERTFORD • 01992 582052
- WARE • 01920 468551
- LETCHWORTH • 01462 684292
- HODDESDON • 01992 471709
- HARWOOD PARK • 01438 812515

Harwood Park

The perfect setting to commemorate the life of your loved one



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www.crematorium.co.uk



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